

Patterns of verbal abuse

From The Verbally Abusive Relationship by Patricia Evans

- (a) Interactions that upset, hurt, or confuse her rarely if ever occur in public.
- (b) Interactions that upset, hurt, or confuse her are unexpected.
- (c) Interactions that upset, hurt, or confuse her occur when she is feeling happy, enthusiastic, or successful.
- (d) Interactions that upset, hurt, or confuse her come to seem familiar.
- (e) Interactions that upset, hurt, or confuse her often communicate disdain for her interests.
- (f) Following interactions that upset, hurt, or confuse her, her mate does not seem to seek reconciliation or even to be bothered by the incident.
- (g) Between interactions that upset, hurt, or confuse her, the relationship seems to be functional.
- (h) In some way she is isolated.
- (i) Her mate defines her, the relationship, himself, and most often, the upsetting interactions.
- (j) She does not say to the abuser what she hears him say to her. (Sarcastic comments, etc. she would not say).