

VIOLENCE AUTOBIOGRAPHY

To include:

I-Childhood Memories of Discipline, Violence, Anger, Problem Solving

- Messages (spoken and unspoken) you received from teachers, parents, peers about men, women, anger, violence, etc...
- List incidents of violence you were personally involved in during grade school, high school, etc...
- Sports you participated in
- Risk taking behaviors

II-Impressions of Women

- Past and present
- Dating patterns
- Treatment of mother and sisters by the men in your family
- Role of men and women in your home
- Past relationship with women (including spouse)
- Sexual experiences

III-Violent Experiences During Adulthood

- Military History
- Discipline of Children in your home
- Problem Solving Techniques
- Messages you are giving your children about violence
- Previous Arrests/Suicidal Thoughts or Attempts
- Current use of alcohol or drugs
- Religious/Spiritual Orientation
- View of Man/Masculinity
- View of Yourself
- Current Risk-taking Behavior

IV -Any other Pertinent Information

- Those who I have hurt by my violent behaviors (directly or indirectly)
- What is the most violent thing you have ever done?
- History of bedwetting, fire setting, or abuse to animals
- Number of times relationships have split up or separated due to violence.