

VIOLENCE AUTOBIOGRAPHY

Please follow this outline and describe experiences which answer the following questions:

I. CHILDHOOD MEMORIES:

A. At my house discipline was handled by _____ in the following manner:

B. Mom and dad handled problems by:

C. When my parents argued or fought they would:

D. I saw my father so angry that he:

E. I saw my mother so angry that she:

F. I was taught at home that boys/men were:

That girls/women were:

G. I was taught at school that boys/men were:

That girls/women were:

H. My friends taught me that boys/men were:

That girls/women were:

I. List any fights, arguments, gang activities, or violence you were personally involved in during grade school, high school. etc.

J. While at school, I participated in the following sports:

K. I like to be involved in the following sports because of the thrill and dangerousness involved (i.e. car racing, motorcycle racing, sky diving, rodeo sports, etc.):

L. I had a history of bed wetting until age _____.

M. I am fascinated by fire and like to play with it by: _____.

N. I sometimes abuse pets or was mean to animals by:

II. IMPRESSIONS OF ADULT ROLES:

- A. I think women should:
- B. I think men should:
- C. While dating, I had (many/few) experiences and found the process:
- D. My dad and brothers treated my mother and sisters like:
- E. In my home, women were to:
- F. In my home, men were to:
- G. My first sexual experience was at age ____. I found the experience:
- H. My present relationship is:
- I. In the past, I have had serious relationships which were:
- J. During my present relationship, we have split up or separated __ times due to:

III. ADULTHOOD VIOLENCE HISTORY

- A. I was in the service for __ years and had an MOS or career field as a:
- B. My discharge type was: __ Because of: __
- C. I was/was never in combat and remember:
- D. In my present home, discipline is handled by:
- E. My spouse and I solve problems by:
- F. I have previously been arrested or charged with:
- G. I hope my children learn about anger management from:
- H. Describe your current drug/alcohol use:
- I. When I think about who I am, 5 words or phrases come to mind. They are:
- J. I think God put man on this earth to:

K. The most violent thing I have ever done is:

L. Those whom I have hurt by my violence include (direct by and indirectly):

M. My current offense occurred because:

N. After attending group, I would like to:

O. I have a hard time with: