LEARNING STYLES INVENTORY

Your learning style is your preferred way to process, recall, and remember information. Place a check next to the activities below that best describes you.

	I like to/I...		I...		I...
	Fold paper when told to make columns		Love to talk		Ignore spoken directions
	Rock in a chair		Love to listen to someone read or talk		Ask for repeated directions
	Shake my leg		Talk to myself		Look to see what others are doing
	Tap or wiggle pens, pencils, etc...		Read aloud		Get the words to a song wrong
	Reach out to touch everything		Am distracted by noises		Turn the radio or TV up very loud
	Do not trust my eyes or ears until I touch something		Use my finger to read		Write lots of notes
	Collect "things"		Put my head near my		Watch the speaker's mouth
	Have a low interest in reading		Hood my eyes with my hand		Don't like to talk on the phone
	Break up toothpicks or play with straws		Need words to go with a cartoon		Enjoy reading
	Dress for comfort		Can't draw without something to copy		Do well with charts and graphs
	Take lots of baths or showers		Can't use maps; need oral direction		Need maps: get lost with oral directions
	Talk fast. Using my hands		Use jingles to learn things		Have good handwriting
	Tend to interrupt		Don't do well with symbols		Am good at puzzles
	Like to by new things		Can't stand silences. Need to talk and need others to talk		Am organized: like things neat
	Total=_____(Tactile)		Total=_____(Auditory)		Total=_____(Visual)

Count the check marks in each column and place the total at the bottom. The column with the most checks indicates your *primary learning style*.

My primary learning style is _____