

Key Questions to ask therapists/psychiatrists and others when coercive control tactics are/were being used in your relationship

Training

- How many hours of training do you have in Coercive Control Tactics in relationships?
Look for a minimum of 7-14 hours.
- How many hours of training do you have in Dynamics of Domestic Violence in Relationships? Domestic Violence related sexual assault?
Look for a minimum of 14-28 hours
- How many hours of training do you have on the Effects of Domestic Violence on Children?
Did that include long-term emotional and physical impacts?
Look for a minimum of 7-14 hours
- How many hours of training do you have on the impacts of childhood sexual abuse/incest?
Look for a minimum of 14-28 hours
- How many hours of training do you have in trauma-informed treatment? Working with Betrayal Trauma?
Look for a minimum of 14-28 hours

Experience

- How many clients have you worked with in the past who have experienced severe domestic violence and sexual assault?
- How do you work with trauma survivors to help them heal from severe and persistent domestic and sexual abuse/assault?
- How many clients have you worked with in the past who experienced childhood sexual abuse/incest and adulthood domestic violence/coercive control?
- What is your experience in helping these types of clients regain a functional life without need for constant therapy?
- I know you are unable to predict how long therapy will take. However, what is the average amount of time clients with my type of issues spend in therapy with you?
- What is your understanding of the use of children as leverage by an abusive parent/partner in criminal domestic violence/sexual assault cases?