

## ***BASIC RIGHTS IN A RELATIONSHIP***

### ***Patricia Evans***

- ⊙ The right to good will from the other.
- ⊙ The right to emotional support.
- ⊙ The right to be heard by the other and to be responded to with courtesy.
- ⊙ The right to have your own view, even if your mate has a different view.
- ⊙ The right to have your feelings and experience acknowledged as real.
- ⊙ The right to receive a sincere apology for any jokes you find offensive.
- ⊙ The right to clear and informative answers to questions that concern what is legitimately your business.
- ⊙ The right to live free from accusation and blame.
- ⊙ The right to live free from criticism and judgment.
- ⊙ The right to have your work and your interests spoken of with respect.
- ⊙ The right to encouragement.
- ⊙ The right to live free from emotional and physical threat.
- ⊙ The right to live free from angry outbursts and rage.
- ⊙ The right to be called only by names that value you.
- ⊙ The right to be respectfully asked rather than ordered.