

Video Replay: <https://vimeo.com/890636447/f0b5a99099?share=copy>

12:00:08 From Sheri Millenbaugh (Faber) Ohio : Sheri Millenbaugh Faber OHIO  
12:00:27 From Helenmary : Good morning from VA. I do not have a camera today.  
12:00:38 From Kendra : **To request an Advocate:**  
<https://docs.google.com/forms/d/e/1FAIpQLScaplDcJrKZ3kFIF4gAjZcKJySCQ4Nih-IFofz5cSfK9I-rgw/viewform>

12:00:40 From Helenmary : Helenmary.  
12:01:15 From Amy Paquette : Amy Paquette, Albuquerque, NM  
12:01:18 From John : John Stonehocker in Oklahoma  
12:01:23 From Kendra Thurman : Kendra from Ohio  
12:02:27 From rose : Rose in GA  
12:03:24 From Kendra Thurman : **Please Complete the Advocacy Onboarding Form**  
<https://forms.gle/ci5gR1XsqwnsshwA8>

**You can reach our CTPM Advocacy Coordinators:**

Porscha Green's email: [Porscha@calledtopeace.org](mailto:Porscha@calledtopeace.org)

Brooke Eggen's email (For anyone in the Pacific; Mountain Region in the USA):


[Brooke@Calledtopeace.org](mailto:Brooke@Calledtopeace.org)

12:03:56 From Helenmary : It is a beautiful--I did it several years in Church Choir and in College Concert Choir as well. Very edifying!

12:05:20 From Melanie Haymond : Melanie Haymond - Good morning from snowy Montana. I am joining via my phone today.

12:05:40 From Kendra Thurman : Reacted to "Melanie Haymond - Go..." with 

12:05:41 From Ladonna : Ladonna Hafen Whitefish Montana

12:05:44 From Kendra Thurman : Reacted to "It is a beautiful--I..." with 

12:06:13 From Amy Paquette : My hometown in Great Falls, MT. My heart remains there.

12:06:16 From Audrey Whitaker : where in ks??

12:06:22 From Audrey Whitaker : I am south central


12:08:10 From Joy Forrest : Reacted to "My hometown in Great..." with 


12:10:21 From rose : Having unusual health issues, a bit frightening at times. During class on this past Tues was under some crazy stress...not able to answer questions about the symptoms... just would appreciate being prayed for /peace that surpasses all understanding. That is for those of us who are called to pray. Thank you.

12:11:10 From Joy Forrest : Replying to "Having unusual health..."

Definitely praying for you Rose.

12:11:21 From rose : Reacted to "Definitely praying f..." with 

12:11:27 From Amy Paquette : Reacted to "Having unusual health..." with 

12:13:11 From Becki Johnson : Reacted to "Having unusual health..." with 


12:14:09 From Laurie Tims : sorry - computer charging issue


12:14:21 From Becki Johnson : Reacted to "sorry - computer cha..." with 


12:18:25 From rose : We love your "rants" Dr. Debra

12:18:57 From Becki Johnson : Reacted to "We love your "rants"..." with 

12:19:30 From iPhoneTina Lawson : Yes TRAUMA informed therapy is vital (hard to find)...So APPRECIATE your wisdom Dr. Debra & Joy!!


12:19:39 From iPhoneTina Lawson : Reacted to "We love your "rants"..." with 

12:19:49 From Kendra Thurman : Reacted to "We love your "rants"..." with 

12:20:21 From Kendra Thurman : Reacted to "Yes TRAUMA informed ..." with 

12:20:59 From rose : What you are referring to as "rants" are simply real and informative here/for me Dr. Debra....in all seriousness.

12:21:48 From rose : My son didn't have any contact w/me for 2 1/2 years total.

12:22:10 From Joy Forrest : Reacted to "What you are referri..." with 

12:22:38 From Joy Forrest : Replying to "My son didn't have a..."

But it's better now?

12:23:14 From Ladonna : Replying to "My son didn't have a..."

So hard! Yes, this v...

12:23:55 From iPhoneTina Lawson : This hits so close to home 😞 I agree that No therapy may be better than wrong therapy.

The pastor kept me in house for counseling for way too long & so was stuck believing lies & staying in an unsafe environment.

12:24:01 From Kendra Thurman : Yes, Laurie - that's what the Band group is designed for!

12:24:20 From iPhoneTina Lawson : Reacted to "What you are referri..." with 🙌

12:24:34 From Joy Forrest : Reacted to "So hard! Yes, this v..." with 😞

12:24:42 From Kendra Thurman : Reacted to "This hits so close t..." with 😞

12:24:53 From Helenmary : Reacted to "Yes, Laurie - that..." with 👍

12:25:06 From Ladonna : I do have another question after everyone else has had a chance 😊

12:25:17 From iPhoneTina Lawson : Yes Validation is so HELPFUL 💕

12:25:24 From rose : Replying to "My son didn't have a..."

A little better, yes. Says he understands why I had to leave his dad. Yet, his next statement of "I just don't understand "how" you left"....which was via the local domestic violence shelter. There is a lot more to it/too much for here. He has a birthday this month, unsure if he will see me to celebrate. He's currently in his 30's

12:25:37 From Helenmary : Reacted to "Melanie Haymond - ..." with 👍

12:27:48 From Helenmary : Amen to that Joy--the INFORMATION is very powerful and HEALING. Amazing.

12:27:50 From iPhoneTina Lawson : 1 Healthy parent 50% of the time is better than 2 UnHealthy parents for kiddos.

12:27:58 From iPhoneTina Lawson : Reacted to "Amen to that Joy--th..." with ❤️

12:28:18 From Helenmary : Reacted to "Yes Validation is ..." with ❤️

12:28:35 From Dr. Debra : I have to put Patch in his kennel.

12:29:58 From iPhoneTina Lawson : For mom to be the safe one when they come home & just listen to how things were for them @ dads.

12:30:04 From rose : Reacted to "I have to put Patch ..." with 💜

12:31:03 From Melanie Haymond : I have to leave but will finish watching the replay.

12:31:17 From Laurie Tims : Reacted to "For mom to be the sa..." with ❤️

12:31:22 From Kendra Thurman : Reacted to "I have to leave but ..." with 💜

12:31:40 From rose to Dr. Debra(Direct Message) : consistency is key for the training....love our fur babies

12:31:53 From Dr. Debra to rose(Direct Message) : Thanks

12:33:04 From Dr. Debra : [You can invite survivors to the Parenting Traumatized Children course](https://www.houseofpeacepubs.com/parent_cc_children.htm)  
[https://www.houseofpeacepubs.com/parent\\_cc\\_children.htm](https://www.houseofpeacepubs.com/parent_cc_children.htm)

12:33:17 From Becki Johnson : Reacted to "You can invite survi..." with ❤️

12:33:20 From iPhoneTina Lawson : Reacted to "You can invite survi..." with 💜

12:33:22 From Ladonna : Reacted to You can invite survi... with "❤️"

12:33:29 From Kendra Thurman : Reacted to "You can invite survi..." with 💜

12:35:12 From Becki Johnson : Yeah, the dad is putting the kids in such a terrible spot, trying to turn the son against the mom and trying to get him to take the dad's side against the daughter.

12:35:58 From Kendra Thurman : Also, if they (kids) are Believers, you can point them to their identity in Christ.

12:36:11 From Becki Johnson : Reacted to "Also, if they (kids)..." with ❤️

12:36:13 From Jenelle Chadwick, Colorado : Jenelle Chadwick, Colorado

12:36:27 From rose : blame shifting is so cruel to the kiddos

12:36:52 From Kendra Thurman : DARVO - toward you as well as your Mom. 😞

12:37:52 From Becki Johnson : That sort of thing that Joy's saying is how I had to handle my own mother. Broken record, and just refusing to continue a conversation when it goes off the rails. She eventually caught on and didn't do that any more.  
12:38:38 From Joy Forrest : Reacted to "1 Healthy parent 50%..." with ❤️  
12:39:04 From Amy Paquette : Reacted to "That sort of thing t..." with 👍  
12:39:16 From rose : Replying to "That sort of thing t..."

like that you shared this Becki...it helps me understand some things better

12:39:20 From Joy Forrest : Reacted to "like that you shared..." with ❤️  
12:40:18 From Laurie Tims : Reacted to "like that you shared..." with ❤️  
12:40:36 From Dr. Debra : Add Melanie's information about parenting  
I skimmed through the transcript of this hour-long podcast interview with Dr. Caroline Leaf. It lines up with what you've taught in the advocacy classes about trauma impacts on the brain and how the brain can heal.

How to Clean Up Your Mental Mess – book

How to Help Your Child Clean Up Their Mental Mess: A Guide to Building Resilience and Managing Mental Health – book

Podcast interview: Cleaning Up Your Mental Mess and Raising Resilient Kids –

<https://wellnessmama.com/podcast/688/>

12:41:48 From Becki Johnson : Isn't exposing children to explicit materials that are not age-appropriate considered sexual abuse?  
12:41:54 From Laurie Tims : Reacted to "Isn't exposing child..." with 👍  
12:42:16 From Helenmary : Reacted to "Isn't exposing chi..." with 👍  
12:42:54 From Kendra Thurman : Reacted to "Isn't exposing child..." with 👍  
12:43:07 From rose : The accessibility is so tough nowadays to the porn and it seems impossible to prevent/protect our youngsters.  
12:43:56 From rose : GREAT interview that Lauren had w/Andrew Baumann....highly recommend listening/viewing  
12:43:57 From Dr. Debra : <https://andrewjbauman.com/a-pornographic-style-of-relating/>  
12:44:14 From Helenmary : I told my children WHEN they encountered porn to come to me--it was inevitable they WOULD see it. I didn't want them to feel ashamed or hide it--but to address it with them as a defiling influence to AVOID.  
12:44:25 From rose : Reacted to "I told my children W..." with 👍  
12:44:33 From Amy Paquette : Reacted to "I told my children W..." with 👍  
12:44:37 From Laurie Tims : The Book Good Pictures Bad Pictures is so helpful- it talks about how it even wires your brain differently - etc.  
<https://www.amazon.com/Good-Pictures-Bad-Porn-Proofing-Todays/dp/0615927335>  
12:45:19 From Joy Forrest : Reacted to "I told my children W..." with ❤️  
12:45:27 From Joy Forrest : Reacted to "The Book Good Pictur..." with ❤️  
12:45:27 From Becki Johnson : I remember Bauman saying during the interview with Lauren that he has a new book coming out. It's not on Amazon for pre-order yet.  
12:45:32 From Becki Johnson : Reacted to "I told my children W..." with 👍  
12:45:35 From Laurie Tims : Replying to "The Book Good Pictur..."

Have read it to my boys. Good preparation for them - gives THEM a mindset where they understand that they are so UNHEALTHY for them, even if it "feels good."

12:45:39 From Becki Johnson : Reacted to "The Book Good Pictur..." with ❤️  
12:45:56 From iPhoneTina Lawson : When I took "porn" to the pastor (unsafe) thinking they would finally believe me & help my now x & I & he said "Do you think it could be Hunters (oldest grandson)"?

Never bringing my daughter in...smh 🙄 !?

It's when I finally saw he wasn't safe?!?

12:46:05 From Kendra Thurman : [Lauren's interview with Andrew Bauman:](#)

<https://www.youtube.com/watch?v=ldrC66l-caQ>

12:46:08 From iPhoneTina Lawson : Reacted to "The Book Good Plctur..." with 👍

12:47:07 From Becki Johnson : I had a pastor tell me that it wasn't adultery for my husband to use porn and then come to our room and abuse me

12:47:20 From Helenmary : "Sex Respet" by Colleen Kelly Mast was a good educative resource that I used years ago--an abstinence-based program that had a secular AND spiritual version--one for government schools. It was used in schools in San Marcos, CA with very positive results.

12:47:31 From Audrey Whitaker : Reacted to ""Sex Respet" by Coll..." with 😞

12:47:41 From Audrey Whitaker : Removed a 😞 reaction from ""Sex Respet" by Coll..."

12:48:11 From Audrey Whitaker : Reacted to "I had a pastor tell ..." with 😞

12:48:28 From Kendra Thurman : Reacted to "I had a pastor tell ..." with 😞

12:49:10 From Amy Paquette : When my husband (an elder at the time) confessed to p\*\*\*\*, the chairman of the elder board came up to him, put a hand on my husband's shoulder, and stated, "We all struggle with that. We will pray for you." That's it! It was a non-issue.

12:49:22 From Laurie Tims : Reacted to "When my husband (an ..." with 😞

12:49:27 From Becki Johnson : Reacted to "When my husband (an ..." with 😞

12:49:29 From iPhoneTina Lawson : God gives us 1 precious life & it's up to us what we're going to do with it 🙏

12:49:32 From Kendra Thurman : Reacted to "When my husband (an ..." with 😞

12:49:47 From Helenmary : Reacted to "I had a pastor tel..." with 😞

12:49:51 From Helenmary : Amen--the Modern church is very COMPROMISED and WEAK. We truly need REVIVAL. We need to get back to BASICS--and the personality cult is a big part of that Joy.

12:50:04 From Amy Paquette : Reacted to ""Sex Respet" by Coll..." with 😞

12:50:06 From Kendra Thurman : Reacted to "Amen--the Modern chu..." with ❤️

12:50:09 From Audrey Whitaker : Replying to "When my husband (an ..."

yes, a lot of pastors that downplay various sins or abuse are engaging in it themselves and don't want to think they sinning too.

12:50:13 From Becki Johnson : Reacted to "Amen--the Modern chu..." with ❤️

12:50:19 From Helenmary : Reacted to "The Book Good Plct..." with 👍

12:50:39 From Amy Paquette : Reacted to "yes, a lot of pastor..." with 🎯

12:50:57 From Amy Paquette : Reacted to "I had a pastor tell ..." with 😞

12:51:05 From Becki Johnson : Reacted to "When I took "porn" t..." with 😞

12:52:37 From Amy Paquette : Reacted to "When I took "porn" t..." with 😞

12:53:39 From Kendra Thurman : Joy - I'm personally of the mindset that David/Bathsheba was more than "adultery" (which implies two \*willing\* participants). She culturally, positionally, etc, could not refuse. If she couldn't refuse, she really couldn't consent either.

12:53:51 From rose : Yes, wholeheartedly agree w/home churches!

12:53:55 From Helenmary : I am part of two small groups. They have been great and are totally BIBLE centered. Very good relationship building and meaningful support and accountability as well.

12:54:09 From Audrey Whitaker : Reacted to "Amen--the Modern chu..." with 🙏

12:54:32 From Jenelle Chadwick, Colorado : I love the home church model.

12:54:33 From Becki Johnson : I feel like the Lord is putting one woman after another in my life who are in different stages of the continuum of abuse - some escaped, some escaping, some still in it but eyes starting to open.

We have a new, young pastor at our church, and I had a long conversation with his wife during which she revealed that she was a victim when she was dating someone else. I am so encouraged that they are well on the way to "getting it" and will make our church a safe one.

12:54:40 From Amy Paquette : Reacted to "Joy - I'm personally..." with 👍

12:54:58 From Laurie Tims : Reacted to "I feel like the Lord..." with ❤️  
12:55:01 From Laurie Tims : Removed a ❤️ reaction from "I feel like the Lord..."  
12:55:03 From Becki Johnson : Reacted to "Joy - I'm personally..." with 👍  
12:55:06 From Ladonna : This is why a team approach to victim care is so important. We all have pieces and perspectives that can enrich a victims healing and also keep us imperfect beings in check 😊  
12:55:06 From Laurie Tims : Reacted to "I feel like the Lord..." with ❤️  
12:55:07 From Audrey Whitaker : Reacted to "Joy - I'm personally..." with 👍  
12:55:08 From Laurie Tims : Reacted to "I feel like the Lord..." with 💜  
12:55:11 From Laurie Tims : Reacted to "I feel like the Lord..." with 💕  
12:55:12 From Kendra Thurman : QUESTION: How many survivors were able to be helped with CTPM's Giving Tuesday campaign? Is it still possible to donate to this?  
12:55:28 From Helenmary : The Home-Church model does have a Biblical precedent when there is humble, mature leadership, balanced Biblical foundation-bulding.  
12:55:38 From Helenmary : Reacted to "When my husband (a..." with 😞  
12:55:45 From Laurie Tims : I SOOOOO identify!  
12:55:51 From Becki Johnson : Reacted to "yes, a lot of pastor..." with 🏳️‍🌈  
12:55:59 From Helenmary : Reacted to "This is why a team..." with ❤️  
12:56:14 From Kendra Thurman : Reacted to "I am part of two sma..." with 💜  
12:57:10 From Kendra Thurman : Reacted to "I feel like the Lord..." with 💜  
12:57:18 From Becki Johnson : Reacted to "QUESTION: How many s..." with ❤️  
12:57:33 From Joy Forrest : Replying to "Joy - I'm personally..."

True!

12:57:38 From iPhoneTina Lawson : Do have safe support groups where I'm spiritually fed.  
12:58:02 From Ann : This has been so helpful! And yes, I too hear sermons differently now.  
12:58:04 From iPhoneTina Lawson : Reacted to "Joy - I'm personally..." with 🙌  
12:58:07 From Joy Forrest : Reacted to "The Home-Church mode..." with 👍  
12:58:10 From Sheri Millenbaugh (Faber) Ohio : Reacted to "Joy - I'm personally..." with 👍  
12:58:21 From Sheri Millenbaugh (Faber) Ohio : Reacted to "True!" with 👍  
12:58:24 From Amy Paquette : Amen, Laurie  
12:58:47 From rose : ONLY how grateful I am for this group of women and all the toil & labor of love that you, Dr. Debra, Joy, Brooke and others contribute to move forward to make this world better for oppressed women and children. So educational an informative...like an underground network...thank you, thank you, thank you !!!!  
12:58:48 From John : Right there with you Laurie.  
12:59:03 From Kendra Thurman : Yes, I have gone multiple times to my current pastor to ask him to clarify/define terms.  
12:59:08 From Becki Johnson : Reacted to "ONLY how grateful I ..." with ❤️  
12:59:18 From Helenmary : Reacted to "Have read it to my..." with 👍  
12:59:18 From iPhoneTina Lawson : If Church isn't safe for momma than not safe for kiddos ❤️  
12:59:31 From iPhoneTina Lawson : Reacted to "Amen, Laurie" with ❤️  
12:59:31 From Kendra Thurman : Replying to "Yes, I have gone mul..."

He's very open to these conversations.

12:59:53 From Laurie Tims : Reacted to "If Church isn't safe..." with ❤️  
12:59:57 From Helenmary : Reacted to "ONLY how grateful ..." with ❤️  
13:00:22 From Helenmary : Reacted to "He's very open to ..." with ❤️  
13:00:29 From Helenmary : Reacted to "If Church isn't s..." with ❤️  
13:00:53 From Kendra Thurman : Yes - There's a \*huge\* difference when church leaders are willfully ignorant vs. naively ignorant!  
13:01:01 From Becki Johnson : Reacted to "Yes - There's a \*hug..." with ❤️

13:01:04 From Laurie Tims : Reacted to "Yes - There's a \*hug..." with 👍  
13:01:04 From iPhoneTina Lawson : Reacted to "Yes - There's a \*hug..." with 🙏  
13:01:08 From Amy Paquette : Reacted to "Yes - There's a \*hug..." with 👍  
13:01:18 From Jenelle Chadwick, Colorado : Reacted to "Yes - There's a \*hug..." with ❤️  
13:01:24 From Kendra Thurman : Reacted to "If Church isn't safe..." with ❤️  
13:01:30 From Helenmary : Reacted to "Yes - There's a \*h..." with 👍  
13:02:28 From Helenmary : So grateful for "Protecting the Flock" and "Ready Refuge--" Great resources and networking. It will make a difference as the TRUTH filters out. PTL.  
13:02:36 From Helenmary : Thank you all so much!  
13:02:37 From iPhoneTina Lawson : Church is not a building ...too many building big buildings but won't help ❤️ (in practical ways)  
13:02:37 From Laurie Tims : Reacted to "So grateful for "Pro..." with ❤️  
13:02:46 From rose : is this that last class...none on Tuesday?