

Video Replay: <https://vimeo.com/879939368/2daef01cfd?share=copy>

11:27:53 From Jessica Devaney : Jessica Oil City PA

11:28:02 From Joy P : Joy Parks Great Falls, SC

11:28:03 From Suzanne Jones : Suzanne from Pitt

11:28:05 From Laurie Tims : Laurie Tims, Iowa

11:28:21 From Susanne : Susanne King, Montrose CO

11:28:26 From Pam : Pam, TN

11:28:32 From cindymorris : Cindy Morris, Franklinton, NC

11:28:38 From Audrey Whitaker : Audrey whitaker ks

11:28:42 From Judy Croutch Beachy : Judy Beachy, Nappanee, IN

11:28:45 From Ariella : Ariella, Israel

11:28:56 From Rochelle Walters : Rochelle Walters from Byrdstown TN

11:28:59 From Pam Rook : Pam Rook - Sylvania OH

11:29:04 From Amy Paquette : Amy Paquette Albuquerque NM

11:29:23 From Shannon Mullen : Shannon Mullen, Jamestown NY

11:29:24 From Deborah Stahl Waters : Deborah Stahl Waters GA

11:29:26 From Laura Lathrop - PISA : Laura Lathrop here from Attica, IN

11:30:41 From Amy Henderson : Amy Henderson, Pickens SC

11:30:45 From Priscilla : Priscilla from Nanaimo, Canada

11:30:58 From Christy Estelle : Christy Estelle, NC

11:31:05 From Julie : Julie Burns, Midlothian TX

11:31:06 From Angi Beery : Angi Beery Goshen, Indiana

11:31:10 From Karyn Russo : Karyn Russo NY

11:31:13 From Infinix SMART 6 : Hello everyone, this is Peter from Tanzania East Africa.

11:31:22 From Tina : Tina Propes, Campbellsville, KY

11:31:23 From Reenie Brown : Reenie Brown from Waxhaw, NC

11:31:25 From Tynetta : Tynetta Chastain from St. Louis here.

11:31:39 From Rachel Tomazin : Rachel Tomazin - Columbus GA

11:31:57 From Marjorie Lea : Marjorie Lea in Texas

11:32:00 From rose : Rose in GA

11:32:14 From Ann : Ann Lawrence North Carolina

11:32:27 From John : John Stonehocker in Oklahoma

11:32:29 From Jessica Evans : Jessica, Columbus, OH

11:33:06 From Christine Felser : Christine Felser King of Prussia PA

11:33:19 From Nancy Kantsios : Nancy K from Aldie, A

11:33:40 From Chief : Gerry Bissell (aka Chief) Indpls IN

11:33:53 From Ladonna : Ladonna Hafen, Whitefish Montana

11:34:05 From KAMILLA : Revised Chapter Four: Families and Children Model Code on Domestic and Family Violence – NCJFCJ  
<https://www.ncjfcj.org/publications/revised-chapter-four-families-and-children-model-code-on-domestic-and-family-violence/>

11:34:14 From Erica : Erica in Wichita KS

11:34:26 From Jolene Underwood : Jolene Underwood, Ellicott City, MD

11:34:33 From Hannah Lippert : Hannah Lippert, Stilesville, IN

11:34:47 From Carrie : Carrie foldberg. Williamsburg virginia

11:34:52 From Darlene Hills-Clinkscale : Darlene Hills-Clinkscale from Columbus, Ohio 💜

11:34:54 From Chelsea Leonard : Good morning from Sweet Home Oregon, Chelsea Leonard

11:34:58 From Jen Johnson : Jennifer Johnson, Western Australia

11:35:01 From Carol Michaels : Carol from Colorado

11:35:29 From Susie ~ CTPM : Very exciting!!

11:35:58 From Vanessa Satterfield : Vanessa Satterfield - North Carolina

11:37:22 From Laurie Tims : Any one with experience in Iowa? My friend is an attorney and she says Iowa standard is "what's the best interest for the child" I'm trying to reconcile this. Maybe they apply that but they still think best interest is to be around both parents?  
I'm going to visit with her again to understand more.

11:37:31 From KAMILLA : Dr. Debra's email: [faith.advocacy8@gmail.com](mailto:faith.advocacy8@gmail.com)

11:37:44 From Jessica Gallina : Jessica Gallina, Canton, OH

11:37:44 From KAMILLA : Proposed Law from U.S. Senator Dan Sullivan – Alaska:

[https://www.sullivan.senate.gov/newsroom/press-releases/sullivan-padilla-seek-to-expand-legal-representation-for-survivors-of-violence?fbclid=IwAR1ECadQz9eQnzLOCGw5aF9bYZhM9pzNmU4yZQSyJLOvZQcvZ2YagbHgaFc\\_aem\\_AUOdv\\_PRuZdfTMJjxDM2hOq7SUTkkseqr2NYvjpMkqBE9MLKnE-TB8WsfAeZbX-UPKM&mibextid=Zxz2cZ](https://www.sullivan.senate.gov/newsroom/press-releases/sullivan-padilla-seek-to-expand-legal-representation-for-survivors-of-violence?fbclid=IwAR1ECadQz9eQnzLOCGw5aF9bYZhM9pzNmU4yZQSyJLOvZQcvZ2YagbHgaFc_aem_AUOdv_PRuZdfTMJjxDM2hOq7SUTkkseqr2NYvjpMkqBE9MLKnE-TB8WsfAeZbX-UPKM&mibextid=Zxz2cZ)

- 11:38:19 From Jessica Evans : Reacted to "Proposed Law from U...." with 👍
- 11:38:36 From Dolores (Dodie) Smith : Dodie from NC
- 11:38:55 From LeAnne : hello from Phoenix AZ! LeAnne Parsons here
- 11:38:58 From Jessica Evans : Yay Tabi!
- 11:38:58 From Rebecca noel : Hi. Rebecca Noel from Tulsa OK.
- 11:39:07 From Angi Beery : Go Tabi!!
- 11:39:10 From peggybarrett : Peggy Barrett, Durham, NC
- 11:40:16 From Laurie Tims : It's just SO important, not just for people who would become advocates but also so that anyone across the bible study table with stop with the lay, pray, stay, obey
- 11:40:30 From Angi Beery : Reacted to "It's just SO importa..." with 100
- 11:40:30 From Audrey Whitaker : Reacted to "It's just SO importa..." with 100
- 11:40:38 From Tracy : GOOD NEW A lady in my bible study - her job is to come up with what to train lawyers on in PA. I will be talking to her
- 11:40:49 From Tabitha Westbrook, LMFT, LCMHC, LPC : Reacted to "GOOD NEW A lady in m..." with ❤️
- 11:41:18 From Christine Felser : **John Felser is a church liaison for southeastern PA Church Partners** [john.felser@verizon.net](mailto:john.felser@verizon.net)
- 11:41:19 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "GOOD NEW A lady in m..."  
Praise God Tracy!!!
- 11:41:41 From Amanda Story : Amanda Story, Winston Salem, NC
- 11:43:05 From Tabitha Westbrook, LMFT, LCMHC, LPC : This is a heavy course. Remember that you are the only you that you have. If you need to, take the time to care for yourself - get up and move around, be in the present moment, and - if needed - step away. You are worthy of care, just like those we serve.
- 11:43:17 From Audrey Whitaker : Reacted to "GOOD NEW A lady in m..." with ❤️
- 11:43:20 From Susie ~ CTPM : Reacted to "This is a heavy cour..." with ❤️
- 11:43:39 From Jessica Evans : Reacted to "This is a heavy cour..." with 100
- 11:44:00 From Amy Paquette : Reacted to "It's just SO importa..." with 🎯

11:44:08 From KAMILLA : REMINDER: If you have a question in the chat, please put QUESTION in all caps and then proceed with your question. This makes it easier for our team to catch those all-important questions!!

11:44:14 From LeAnne : Reacted to "This is a heavy co..." with ❤️

11:44:21 From KAMILLA : Time and Date Converter:

<https://www.timeanddate.com/worldclock/converter.html>

11:45:02 From Susie ~ CTPM : BROOKE - WILL ONCEHUB SCHEDULING CONVERT?

11:45:24 From Maryann : Maryann from Franklin, TN

11:45:55 From Becki Johnson : Becki Johnson New York

11:46:19 From Laurie Tims : Reacted to "Becki Johnson New Yo..." with ❤️

11:46:26 From Kendra's phone : Kendra from Ohio

11:46:42 From KAMILLA : Reacted to "Kendra from Ohio " with 😊

11:46:51 From DeniseS : DeniseS is present

11:47:58 From Dana De Vane-Webster : Dana De Vane-Webster (NC)

11:48:40 From Brooke Eggen, CTPM Advocate Coordinator : Replying to "Dana De Vane-Webster..."

Hey friend!!

11:49:35 From Christine Felser : Replying to "Dana De Vane-Webster..."

Hey!! Exciting news about the interest in PA! praying for you.

11:49:54 From Helenmary : Helenmary from Virginia.

11:51:47 From Brooke Eggen, CTPM Advocate Coordinator : Search laws at womenslaw.org or findlaw.com

11:53:25 From KAMILLA : Reach our team at: [faith.advocacy8@gmail.com](mailto:faith.advocacy8@gmail.com)

11:53:45 From Rachel Tomazin : Technical difficulty over here.

11:54:29 From Jessica Evans : Replying to "Search laws at women..."

Yes thanks Brooke!

11:54:49 From Tracy to Dr. Debra(Direct Message) : Question: Is the model 4 Law contain Kadens law in it? Sorry this is all new to me so it could be obvious to others (not me). *There are parts of Kayden's Law incorporated in this model code.*

11:56:07 From Keri Drowatzky : Keri Drowatzky here.

11:57:14 From Laurie Tims : QUESTION -

at some point - can we talk about how to help those children suffering when abuse breaks God's moral laws, but not our state and federal laws.

This is a place I lived - we didn't often have marks, but we certainly lived under physical, verbal, emotional and spiritual abuse. *Great question for the Q&A Laurie.*

11:57:22 From Susie ~ CTPM : Reacted to "Search laws at women..." with 👍

11:58:58 From Becki Johnson : Reacted to "QUESTION - at some ..." with 👍

12:00:33 From Becki Johnson : Reacted to "QUESTION - at some ..." with ❤️

12:01:15 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "QUESTION - at some ..."

We cover that in this course and this is a great question!

12:01:55 From Laurie Tims : Reacted to "We cover that in thi..." with 👍

12:01:59 From Amy Paquette : Replying to "QUESTION - at some ..."

I can relate. Good question. The head of my state's denomination convention told me he couldn't help me because my church leaders had not broken any state laws while he admitted that my church leaders broke many moral laws. So frustrating.

12:02:24 From KAMILLA : **VAWA - Violence Against Women Act**

12:02:36 From Laurie Tims : Replying to "QUESTION - at some ..."

it's so frustrating, isn't it :(

12:03:08 From Laurie Tims : Replying to "QUESTION - at some ..."

they say the don't have the world's standards - but they do.

12:03:30 From Amy Paquette : Reacted to "they say the don't h..." with 😬

12:03:38 From Kendra's phone : Reacted to QUESTION - at some ... with "❤️"

12:03:48 From Amanda Story : **QUESTION- can we have a summary of how VAWA can help us/survivor ?** *There are many resources available we can tap into that are funded through VAWA.*

12:04:01 From Becki Johnson : Reacted to "they say the don't h..." with 🙄

12:04:41 From Laurie Tims : Replying to "QUESTION -  
at some ..."

and, I suspect that the church only has concern with physical abuse because that is often the world's expectation. That they not "condone" physical abuse.

12:05:06 From Amy Paquette : Reacted to "and, I suspect that ..." with 🎯

12:05:57 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "QUESTION- can we hav..."

This is covered at length in a previous class.

12:06:59 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "QUESTION- can we hav..."

Coercive Control in Relationships

12:07:56 From Laura Lathrop - PISA : Oh, I'm working with a woman whose daughter has repeatedly been telling everyone dad is molesting her for 2 years now, and they have 100% turned it around on her for reporting. And they won't listen to doctors, therapists, or anyone - mom is "coaching them all" somehow. 🙄

12:08:24 From Ladonna : I have a mother who was told by the GAL that she could no longer contact CPS or police officers.

12:08:51 From Tabitha Westbrook, LMFT, LCMHC, LPC : Reacted to "Oh, I'm working with..." with 🙄

12:08:57 From Tabitha Westbrook, LMFT, LCMHC, LPC : Reacted to "I have a mother who ..." with 🙄

12:09:23 From Laura Lathrop - PISA : Reacted to "I have a mother who ..." with 🙄

12:09:45 From Becki Johnson : Reacted to "I have a mother who ..." with 🙄

12:09:52 From Rebecca noel : I'm sorry. I feel that the abuser's number one goal is to make the mother's life a living nightmare. This is how my ex acted when I fled with my teen daughter in 2013. Even after the divorce in 2015, he was still abusing us, psychologically, verbally, and cyber bullying.

12:10:04 From Rebecca noel : Reacted to I have a mother who ... with " 🙄 "

12:10:16 From Laurie Tims : Reacted to "I'm sorry. I feel th..." with 🙄

12:10:31 From Jessica Evans : Reacted to "Oh, I'm working with..." with 🙄

12:10:36 From Laurie Tims : Reacted to "Oh, I'm working with..." with 🙄

12:10:42 From Julie : QUESTION: What does this sentence mean re providing reasonable support?--does this related to child support \$ or is it about emotional care and support?

12:11:02 From Becki Johnson : Reacted to "Oh, I'm working with..." with 🙄

12:11:25 From Jessica Evans : Replying to "QUESTION: What does..."

I will look into that for you

12:12:33 From Jessica Evans : Replying to "QUESTION: What does..."

Abandonment is considered in many States as a form

of neglect. In general, a child is considered to be abandoned when the parent's identity or whereabouts are unknown, the child has been left alone in circumstances where the child suffers serious harm, the child has been deserted with no regard for his or her health or safety, or the parent has failed to maintain contact with the child or provide reasonable support for a specified period of time. Some States have enacted laws—often called safe haven laws—that provide safe places for parents to relinquish newborn infants. Information Gateway produced a publication as part of its State Statutes series that summarizes such laws. Infant Safe Haven Laws is available at <https://www.childwelfare.gov/topics/systemwide/%20laws-policies/statutes/safehaven/>

12:12:39 From Susie ~ CTPM : With no evidence to prove that mom is lying

12:12:40 From Becki Johnson : Replying to "I'm sorry. I feel th..."

Exactly!

12:13:57 From Laura Lathrop - PISA : It's a Catch-22 - if the mom reports sexual abuse, she's "lying," but if she doesn't report it because she's afraid they'll think she's lying or doesn't have enough evidence to give them about it, she's neglecting the child. Either way, it's all her fault. 😞

12:14:02 From Jessica Evans : This is all heavy content...make sure you're taking breaths as needed

12:14:11 From Laurie Tims : Reacted to "It's a Catch-22 - if..." with 🙄

12:14:11 From Susie ~ CTPM : Reacted to "This is all heavy co..." with 👍

12:14:23 From Laurie Tims : Reacted to "This is all heavy co..." with 👍

12:15:04 From Jessica Evans : Replying to "It's a Catch-22 - if..."

You're right...its like a no win!

12:15:07 From Kendra's phone : Reacted to This is all heavy co... with "❤️"

12:15:15 From Jessica Evans : Replying to "It's a Catch-22 - if..."

They make it impossible this way for safe parents

12:15:24 From Rebecca noel : Replying to "QUESTION: What does..."

Yes. CPS wouldn't ta...

12:15:53 From Rebecca noel : Reacted to It's a Catch-22 - if... with "🙄"

12:17:06 From Laura Lathrop - PISA : Replying to "QUESTION: What does..."

My client's daughter has autism and some corresponding communication difficulties, so every time CPS has interviewed her, they haven't taken that into account and it always comes back that the daughter didn't disclose "enough" therefore mom is lying. These interviewers have got to be better. I wish there were laws about that - are there?

12:18:22 From Becki Johnson : Reacted to "My client's daughter..." with 😞

12:18:35 From Becki Johnson : Reacted to "Yes. CPS wouldn't ta..." with 🙄

12:18:42 From Susie ~ CTPM : "Programming" the children

12:19:10 From Marjorie Lea : QUESTION- can you repeat the statistics in the chat?

12:19:23 From KAMILLA : **PODCAST - "The Ugly Truth About the Girl Nextdoor"**

12:19:53 From Amanda Story : What's the podcast?

12:19:56 From Amanda Story : Ok

12:19:59 From Rachel Lawrence : Rachel Lawrence (NC), logging in late. Will catch the front end of the class via recording. Thankful to be here live for the first time in months!

12:20:10 From Jessica Evans : Replying to "QUESTION- can you re..."

(2017) Estimated that 41 percent of child trafficking experiences are facilitated by family members and/or caregivers. Another study estimates that the trafficker is a family member in about 31 percent of child sex trafficking cases.

12:20:26 From Kendra's phone : Replying to "What's the podcast?"

The Ugly Truth About...

12:23:05 From Amanda Story : **QUESTION- do we have state groups of our participants (like chapters) for advocates and/survivors going through these things to share resources and initiatives/activities -of course if we don't mind sharing our information ?** *We have the Facebook group for Advocates and once you are a CTPM Affiliated Advocate, you are invited to the Band group.*

12:23:09 From Kendra : Kendra from Ohio. Switched to my computer.

12:24:22 From Laurie Tims : I learned of these names - verbal and emotional abuse in 9th grade in behavioral science class. The teacher said they were very hard to prove.

12:24:22 From Rachel Lawrence : Question: A child has become angry from the abandonment (due to refusal of the father to call or visit when the abuser is supposed to out of control). Would that also quantify as evidence for injury?

12:24:23 From Brooke Eggen, CTPM Advocate Coordinator : Replying to "QUESTION- do we have..."



Amanda, at CTPM we have groups for our onboarded, affiliated advocates. On Facebook, you can search for CTPM Advocacy Network for non-affiliated advocates

12:24:25 From Julie : QUESTION: I am always stymied about these buckets of evidence....these symptoms can show from so many "causes". Please offer a word on abuse vs mental illness diagnosis vs medical issue, etc

12:24:41 From Judy Caracheo : Judy Caracheo Texas

12:25:19 From Jessica Evans : ● Keep in mind sexual abuse is often underreported

● And Psychological abuse is hard to prove

12:27:18 From lauriefitzgerald : Q: where those numbers annual?

12:27:30 From Becki Johnson : QUESTION Why would the ME not report the true reason for the death of a child?

12:29:25 From Jessica Evans : Replying to "Q: where those numbe..."

Id suggest visiting AmericanSPCC.org

12:30:48 From lauriefitzgerald : Question: Are these numbers annual or total?

12:30:57 From Michelle H. : Michelle from Las Vegas

12:31:19 From Julie : WE have a mama dealing w an 8 yo who has been in and out of mental hospitals 5 times this year and is getting brain development therapy but no one is specifically addressing trauma. The brain therapy seems to be stimulating the underfunctioning parts of the brain and night mares are terrifying now. They have been focused on the behaviors and not dealing with the trauma in age appropriate spaces.

12:31:33 From iPhoneTina Lawson : Tina, FL 🌻 RIDA...@ 🧐 CEAN..got on at noon but forgot to sign in.

12:35:16 From Rachel Lawrence : Replying to "WE have a mama deali..."

My 7 year old son has dealt with this in a similar capacity. It took us three times to find a good child therapist. Not every therapist is trauma informed in the way they advertise is what we experienced, sadly. I hope they keep at it!

12:35:42 From Kendra : Remember to take good care of yourself - if you are feeling triggered, take some time to step away, take deep breaths, stretch, etc. You can come back and watch the recording.

12:35:50 From Brooke Eggen, CTPM Advocate Coordinator : Replying to "Remember to take goo..."

Thanks!!

12:36:11 From Judy Beachy : Has child abuse actually decreased, or is this simply a reflection of the under-trained, under-staffed condition or the change in what states define as substantiated of many state child service units?

(I confess, as a former foster momma with many connections in fostering world, I'm skeptical!)

12:37:01 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "Has child abuse actu..."

I think that it may be exactly what you note. I think of the recent YouTuber arrested for child abuse and the police and CPS in UT had been called on numerous occasions with no response.

12:37:19 From Laura Lathrop - PISA : It sometimes feels like this is actually a reflection of people caring less about it than before. Screening it out and being apathetic about what's actually being seen because "there's not enough to prove it." It's unsettling.

12:37:19 From Becki Johnson : Replying to "Has child abuse actu..."

I wonder how much the COVID shutdowns contributed to the decrease? Teachers and school nurses didn't see kids, and they're one of the main groups who report suspected abuse/neglect.

12:37:31 From Chief : Replying to "Has child abuse actu..."

Judy, Totally agree

12:37:46 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "It sometimes feels l..."

Many reports our team has made - and we had more than a suspicion - have been screened out.

12:38:01 From Brooke Eggen, CTPM Advocate Coordinator : Reacted to "I wonder how much th..." with 👍

12:38:19 From Brooke Eggen, CTPM Advocate Coordinator : Reacted to "Many reports our tea..." with 😬

12:38:20 From Laura Lathrop - PISA : Replying to "It sometimes feels l..."

Yep. More than one of my cases, too.

12:38:26 From Brooke Eggen, CTPM Advocate Coordinator : Reacted to "Yep. More than one o..." with 😬

12:38:56 From Laura Lathrop - PISA : Replying to "It sometimes feels l..."

To the point where I feel ridiculously encouraged when someone actually follows up and prosecution occurs. It shouldn't be that surprising, but it has become so.

12:38:56 From K KN : Katharine KN from Denmark here

12:40:36 From Helenmary : Reacted to "Katharine KN from ..." with 👍

12:41:53 From Judy Beachy : Reacted to "I think that it may ..." with 🙌

12:41:57 From Laurie Tims : I still realize how I struggle socially 😞 It's disheartening and can make me insecure.

12:42:00 From Judy Beachy : Reacted to "I wonder how much th..." with 👍

12:42:04 From cindymorris : We have hope in God. We cannot do anything without Him - but His Holy Spirit working in us can bring amazing healing and radical change for men, women and children.

12:42:10 From Amanda Story : Any acting out by my children has been used against me to further restrict my access to them.

12:42:30 From Jessica Evans : Reacted to "We have hope in God...." with ❤️

12:42:39 From Jessica Evans : Reacted to "I still realize how ..." with 😞

12:42:47 From Rebecca noel : Reacted to Any acting out by my... with " 😞 "

12:43:07 From Rebecca noel : Reacted to I still realize how ... with " 😞 "

12:43:16 From Judy Beachy : Reacted to "I still realize how ..." with ❤️

12:43:16 From Becki Johnson : Reacted to "I still realize how ..." with 😞

12:43:22 From iPhoneTina Lawson : I knew I needed to get to the 🗨️ ...

Doing my breathing 😞 here 🥰

12:43:39 From Laura Lathrop - PISA : Reacted to "We have hope in God...." with ❤️

12:43:43 From Tabitha Westbrook, LMFT, LCMHC, LPC : Reacted to "We have hope in God...." with ❤️

12:43:51 From Becki Johnson : Replying to "I still realize how ..."

Me too!

12:44:13 From Jessica Evans : You can also look back at the Trauma course for more on what the ACE study is.

12:44:15 From Becki Johnson : Reacted to "You can also look ba..." with ❤️

12:44:22 From Becki Johnson : Removed a ❤️ reaction from "You can also look ba..."

12:44:25 From Kendra : Reacted to "You can also look ba..." with 💜

12:44:27 From Becki Johnson : Reacted to "I knew I needed to g..." with ❤️

12:45:03 From Jessica Evans : Replying to "Any acting out by my..."

Unfair expectations and blame put on mom

12:45:33 From Tabitha Westbrook, LMFT, LCMHC, LPC : Reacted to "I knew I needed to g..." with ❤️

12:45:33 From Brooke Eggen, CTPM Advocate Coordinator : Replying to "I still realize how ..."

And yet God is still using you!! But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; 1 Corin 1:27

12:45:47 From Rachel Lawrence : Reacted to "And yet God is still..." with ❤️

12:45:51 From Becki Johnson : Reacted to "And yet God is still..." with ❤️

12:46:51 From Angi Beery : Reacted to "And yet God is still..." with 💜

12:47:46 From Laurie Tims : Reacted to "Me too!" with 💕

12:47:53 From Laurie Tims : Reacted to "And yet God is still..." with 💕

12:48:25 From Laura Lathrop - PISA : In the book of Hebrews today, I was reading about how Jesus's suffering made him perfectly able to intercede for us. This is mysterious to me since he was already perfect, but it's also comforting knowing Jesus understands. The next verse talks about how now we are all his "family," and I thought about how all people who suffer come to feel like family to me, and I perceive they do to each other, also. Suffering is terrible, but I'm thankful for what God does with it for good.

12:49:17 From Helenmary : Reacted to "I still realize ho..." with 😔

12:49:49 From Angi Beery : Reacted to "In the book of Hebre..." with 💜

12:50:02 From Jessica Evans : The 10 types of ACEs that fall within 3 categories:

12:50:05 From Judy Beachy : Reacted to "In the book of Hebre..." with 💜

12:50:09 From Jessica Evans : Abuse

- physical abuse

- sexual abuse

- emotional abuse

Neglect

- Emotional neglect

- Physical neglect

Household dysfunction

- Mentally illness in the home


- Substance abuse in the home


- Witnessing domestic violence against the mother


- Loss of a parent to death or abandonment by parental divorce


● Incarceration of any family member for a crime


- 12:50:34 From Laurie Tims : Reacted to "In the book of Hebre..." with ❤️
- 12:50:44 From Judy Beachy : Reacted to "And yet God is still..." with 🏆
- 12:50:57 From Kendra : Reacted to "In the book of Hebre..." with 💜
- 12:51:20 From Rebecca noel : I scored 8 out of 10 on the ACE quiz.
- 12:51:35 From Amy Paquette : I scored a 6 out of 10.
- 12:51:37 From KAMILLA : ACES Test -  
[https://www.naadac.org/assets/2416/michael\\_bricker\\_acesassessment\\_ac16\\_ho.pdf](https://www.naadac.org/assets/2416/michael_bricker_acesassessment_ac16_ho.pdf)
- 12:52:14 From Jessica Evans : with God- Romans 8:28
- 12:52:33 From Judy Caracheo : So glad to hear this!!
- 12:52:44 From iPhoneTina Lawson : But God ❤️ ❤️ ❤️
- 12:52:44 From Jessica Evans : Tabi I think he said before- Your mess becomes your message
- 12:52:50 From Jessica Gallina : 🙌🏻🙏❤️
- 12:52:50 From Jessica Evans : Has said\*
- 12:52:56 From Laurie Tims : Reacted to "Tabi I think he said..." with 🙌
- 12:53:00 From iPhoneTina Lawson : Reacted to "Tabi I think he said..." with 🙌
- 12:53:03 From Rachel Lawrence : Replying to "Tabi I think he said..."
- I LOVE THIS!
- 12:53:03 From Laurie Tims : Reacted to "🙌🏻🙏❤️" with 🙌
- 12:53:10 From Rachel Lawrence : Reacted to "Tabi I think he said..." with 🙌
- 12:53:12 From Kendra : Reacted to "Tabi I think he said..." with 💜
- 12:53:17 From Angi Beery : Reacted to "But God ❤️ ❤️ ❤️" with 💜
- 12:53:18 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "Tabi I think he said..."
- Indeed - our mess does become our message!
- 12:53:34 From Angi Beery : Reacted to "Tabi I think he said..." with 💜
- 12:53:39 From Susie ~ CTPM : Tabi and Brooke, if either of you went to jail, God put you there to speak into someone's life!! 😊
- 12:53:48 From Tracy : Grief was on the ACE test. 1 in 18 kids lose a parent before they turn 18.

12:53:54 From iPhoneTina Lawson : Yes Therapy every single week for me as well  how I'm not in jail!?!


12:53:55 From Laura Lathrop - PISA : Reacted to "Tabi and Brooke, if ..." with 


12:53:59 From Kendra : Reacted to "Tabi and Brooke, if ..." with 


12:54:04 From Helenmary : Reacted to "Tabi and Brooke, i..." with 


12:54:07 From Angi Beery : Reacted to "Tabi and Brooke, if ..." with 


12:54:07 From Tabitha Westbrook, LMFT, LCMHC, LPC : Post-traumatic growth is a REAL THING.


12:54:13 From Laura Lathrop - PISA : Stay out of jail tho pls 


12:54:14 From Jessica Gallina : Reacted to "Post-traumatic growt..." with 


12:54:17 From Helenmary : Reacted to "Grief was on the A..." with 


12:54:23 From Amy Paquette : Reacted to "Post-traumatic growt..." with 

12:54:24 From Helenmary : Reacted to "Yes Theraphy every..." with 


12:54:26 From Kendra : Reacted to "Post-traumatic growt..." with 

12:54:31 From Helenmary : Reacted to "Post-traumatic gro..." with 


12:54:37 From Helenmary : Reacted to "Stay out of jail t..." with 

12:54:41 From Brooke Eggen, CTPM Advocate Coordinator : Reacted to "Stay out of jail tho..." with 


12:54:48 From Jessica Evans : Some situations that might trigger a positive stress response are: first day with a new caregiver or receiving an immunization shot. It is a normal and essential part of healthy development.


12:55:23 From Kendra : Reacted to "Stay out of jail tho..." with 


12:55:25 From Jessica Evans : Tolerable stress ex- injury, natural disaster, or loss of a loved one.

12:55:27 From Marjorie Lea : Thank you for sharing- hope and healing decades later is my story too 

12:55:36 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "Stay out of jail tho..."  
Brooke and I have a rule that jail is not allowed. We've talked about it. We're safe!

12:55:39 From Kendra : Reacted to "Thank you for sharin..." with 

12:55:45 From iPhoneTina Lawson : Reacted to "I knew I needed to g..." with 

12:55:47 From iPhoneTina Lawson : Removed a  reaction from "I knew I needed to g..."

12:56:07 From Tracy : Dr. Debra empathy is having a Jesus like heart - its all good

12:56:08 From Jessica Evans : Toxic stress ex- physical or emotional abuse, caregiver substance abuse or mental illness and exposure to violence without enough adult support.

12:56:51 From Laura Lathrop - PISA : Replying to "Stay out of jail tho..."

It feels like a low bar, but yes 🤔

12:57:25 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "Stay out of jail tho..."

Some days you know that easy win is kinda nice!! LOL!

12:58:06 From Laura Lathrop - PISA : Replying to "Stay out of jail tho..."

So true; you are making me laugh here and feel like I am also winning!!!

12:58:40 From Laurie Tims : I'm wondering if the abuser experiences this "fight" as a response to not getting control. I'm picturing my dad here - flipping out and being wild/abusive when he's hearing "no", etc.

12:59:35 From K KN : Replying to "I'm wondering if the..."

I've definitely seen that. I think abusers really do feel like other ppl's boundaries are an attack on them.

12:59:39 From Tara, Idaho : Sorry, kicked myself off

12:59:55 From Laurie Tims : Replying to "I'm wondering if the..."

oh yes, well said.

13:00:39 From Jessica Evans : Sometimes we see a "faint" category included which is like flop or "fib" which is like fawn except it involves lie to get out of things

13:00:49 From Laura Lathrop - PISA : Replying to "I'm wondering if the..."

I do think that sometimes their DARVO is something they truly believe based on their own internal brokenness. I've seen it in action; it

13:01:02 From Laura Lathrop - PISA : Replying to "I'm wondering if the..."

's hard to persuade them that's not what's actually happening.

13:01:09 From K KN : Reacted to "'s hard to persuade ..." with 👍

13:01:12 From Becki Johnson : Replying to "I'm wondering if the..."

This absolutely describes what my husband did, the rage would be triggered by anything that blocked him getting his own way. Everybody learned to either get out of his way or give him his way.

13:01:28 From Laurie Tims : Replying to "I'm wondering if the..."

yes, my dad REALLY believes he's the victim and was always supposed to be in control.

13:01:35 From Laurie Tims : Reacted to "This absolutely desc..." with 👍

13:01:37 From iPhoneTina Lawson : I learned about "fawning" in the last few years...it's what I did a lot of!

13:01:52 From Laurie Tims : Replying to "I'm wondering if the..."

@Becki Johnson boundary busters!

13:01:54 From Amanda Story : This happens in court for me where I just stand there and can't seem to get my brain online when I'm being threatened with fines and jail if I don't comply.

13:01:57 From Laura Lathrop - PISA : Replying to "I'm wondering if the..."

For sure. And knowing it doesn't solve anything, but does help me have compassion instead of hatred.

13:02:14 From Jessica Evans : Breathing practices, physical movement, humming or singing, grounding exercises or working with temperature changes can all be valuable tools to help

13:02:24 From Jessica Evans : Replying to "Breathing practices,..."

Depending on the stress response

13:02:31 From Laurie Tims : Replying to "I'm wondering if the..."

yes - I don't hate my dad. I even told the court I had compassion for him when I was 18

13:02:51 From iPhoneTina Lawson : Reacted to "'s hard to persuade ..." with 👍

13:02:53 From Julie : QUESTION: My mom literally will say, "I cannot think" I think that is really true. She cannot when stress hits like a mack truck.

13:03:08 From Laurie Tims : Reacted to "This happens in cour..." with 😬

13:03:22 From Laurie Tims : Reacted to "QUESTION: My mom li..." with 👍

13:03:24 From Ladonna : QUESTION: Would the parenting traumatized children course cover strategies and tools to help child deactivate?

13:03:34 From iPhoneTina Lawson : Replying to "I'm wondering if the..."

@Laura Lathrop - PISA "They sure do all go to the same school"

13:03:44 From Jessica Evans : The average person can take about 20 m to come down, but 40 m for persons with trauma

13:03:45 From Laurie Tims : Replying to "QUESTION: My mom li..."

yes! I was like that about dinner two nights ago! stressed and couldn't think!

13:04:13 From Laura Lathrop - PISA : Replying to "I'm wondering if the..."

Yeah...

13:04:27 From Kendra : Reacted to "The average person c..." with 💜

13:04:58 From Laurie Tims : yes! my counselor uses this language. so helpful!



13:05:09 From iPhoneTina Lawson : I like that Tabi 😊

Question 🙋...Could that be put in the chat?

13:05:13 From Angi Beery : What was that quote Tabi?

13:05:46 From Kendra : Replying to "QUESTION: My mom li..."

When a someone's brain is in survival mode, it's more difficult to filter out extraneous stimuli.

13:06:21 From Laurie Tims : I wonder if the parenting traumatized children course would help me re-parent myself . . . *There are many recovery resources for reparenting yourself.*

13:06:22 From Tabitha Westbrook, LMFT, LCMHC, LPC : The past is history. The future is a mystery. All we have is the present moment.

13:06:29 From Becki Johnson : Reacted to "I wonder if the pare..." with ❤️

13:06:30 From Jessica Evans : Reacted to "The past is history..." with ❤️

13:06:30 From iPhoneTina Lawson : Even making decisions 3 yrs divorced can be hard @ times.

Havening helps me so much 😊

13:06:33 From Laura Lathrop - PISA : Reacted to "The past is history...." with ❤️

13:06:35 From Angi Beery : Reacted to "The past is history...." with 💜

13:06:36 From Becki Johnson : Reacted to "The past is history...." with ❤️

13:06:42 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "Even making decision..."

Havening is awesome!

13:06:44 From Laura Lathrop - PISA : Reacted to "I wonder if the pare..." with ❤️

13:06:50 From Jessica Evans : Reacted to "Even making decision..." with 👍

13:06:53 From Kendra : Reacted to "The past is history...." with 💜

13:07:07 From iPhoneTina Lawson : Tabis quote?

13:07:10 From Laura Lathrop - PISA : Replying to "Even making decision..."

QUESTION - What is havening? Did I miss that?

13:07:14 From Dolores (Dodie) Smith : Sorry, I need to sign off. I have a migraine. Very informative class-thank you!

13:07:29 From Jessica Evans : Replying to "Sorry, I need to sig..."

Feel better!

13:07:52 From iPhoneTina Lawson : Reacted to "The past is history...." with 🙌


13:08:00 From Mm : Momma bear was activated yesterday when a car sped in front of us, cut us off, slammed on brakes. I got in L turn lane. They did same and slammed brakes again. 2 miles later it was a personal vehicle with a disabled police tag!! Taking their anger and rage of their personal situation and deflecting it onto us

13:08:11 From Angi Beery : Replying to "The past is history...."

@iPhoneTina Lawson

13:08:17 From Julie : Replying to "QUESTION: My mom li..."

Thank you, Kendra, That is very helpful framing---needed it TODAY.

13:08:39 From Kendra : Reacted to "Thank you, Kendra, ..." with 


13:08:45 From Kendra : "Train up a child in the way he should go, even when he is old he will not depart

from it." (Proverbs 22:6)

13:09:03 From Becki Johnson : Reacted to "yes! I was like tha..." with 

13:09:03 From Kendra : "We will not hide them from our descendants; we will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders he has done."

(Psalm 78:4)

13:09:10 From Laurie Tims : Reacted to "When a someone's bra..." with 

13:09:44 From Kendra : "Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord." (Ephesians 6:4)

13:09:50 From iPhoneTina Lawson : Amen Tabi...I'm learning to "Be Assertive but not Bitchy"

13:10:11 From Kendra : Context, context, context!

13:10:33 From Kendra : "Discipline your son while there is hope, and do not desire his death." (Proverbs 19:18) (properly, chastisement; figuratively, reproof, warning or instruction; also restraint:—bond, chastisement, check, correction, discipline, doctrine, instruction, rebuke.)

13:10:35 From Laurie Tims : my dad would talk about a verse about disciplining our child, that you will not kill them. . . is that another translation?

13:11:47 From Audrey Whitaker : Replying to "my dad would talk ab..."

is that the verse about if you beat them, they won't die, don't spare for their crying.. or something like that? that sounds king jamesish to me

13:12:27 From Laurie Tims : Replying to "my dad would talk ab..."

yes, maybe, but I don't think we read that version as a family.

13:12:45 From Helenmary : Godly discipline is very proactive. We need to disciple young people to parent in this manner--towards positive ends, good boundaries, a healthy, abundant life.

13:12:52 From Mm : **?? question??Available (no 6mo wait) of Trauma therapists near Raleigh?**  
*Check with Tabi's group, The Journey and The Process.*

13:13:18 From Jessica Evans : Love that Brooke

13:13:34 From Christy Estelle : Reacted to "Love that Brooke" with ❤️

13:13:48 From iPhoneTina Lawson : So good & agree about this "getting healthy ourselves" Is what's best for our kiddos & Grandkiddos, even if it's from a distance 😞

13:13:49 From Audrey Whitaker : Replying to "my dad would talk ab..."

proverbs 19:18 Chasten thy son while there is hope and let not thy soul spare for his crying. so maybe not the same?

13:14:10 From iPhoneTina Lawson : Reacted to "Love that Brooke" with ❤️

13:14:33 From Amy Paquette : Replying to "my dad would talk ab..."

Prv 23:13 Do not withhold discipline from a child; if you strike him with a rod, he will not die.

13:14:36 From Marjorie Lea : Thank you Brooke, and the book Boundaries - Cloud & Townsend was the most difficult book for me, because I was not raised with boundaries- didn't even know what that was

13:14:41 From Tabitha Westbrook, LMFT, LCMHC, LPC : Replying to "?? question??Availab..."

**Our clinician Amanda Ramey (Wake Forest) has openings now.** [info@thejourneyandtheprocess.com](mailto:info@thejourneyandtheprocess.com)

13:14:42 From Audrey Whitaker : Replying to "my dad would talk ab..."

proverbs 23

13:15:03 From Kendra : Reacted to "Our clinician Amanda..." with 💜

13:15:06 From Audrey Whitaker : Reacted to "Prv 23:13 Do not wit..." with 👍

13:15:11 From Becki Johnson : Reacted to "Prv 23:13 Do not wit..." with 👍

13:15:43 From Brooke Eggen, CTPM Advocate Coordinator : Replying to "my dad would talk ab..."

Proverbs 23:13 Do not withhold discipline from a child; if you punish them with the rod, they will not die.

AGAIN, how do you define discipline? And does the original Hebrew actually say "the rod" or does it mean something else? Either way, abuse survivors don't do well with physical correction

13:15:57 From Audrey Whitaker : Reacted to "Proverbs 23:13 Do no..." with 🙌

13:16:06 From Rebecca noel : Thank you everyone.

13:16:07 From Judy Beachy : I think of it as punishment uses external control to direct a child's behavior, discipline teaches a child to use their internal self control.

13:16:16 From KAMILLA : Time and Date Converter:

<https://www.timeanddate.com/worldclock/converter.html>

13:16:17 From iPhoneTina Lawson : Great clarification Dr Deb!!

13:16:22 From Audrey Whitaker : Replying to "my dad would talk ab..."

yes I wondered that too, defining what rod means.

13:16:31 From Infinix SMART 6 : Thanks Dr Debra