

Video replay: <https://vimeo.com/589978251/4d884403e0>

11:24:50 From nicole S to Everyone:

Nicole from wilkes barre

11:27:24 From Keri Drowatzky to Everyone:

Keri here

11:27:35 From Kathy to Everyone:

Kathy M. here

11:27:45 From nicole S to Everyone:

Hello Ladies!!!

11:28:00 From Keri Drowatzky to Everyone:

hey Nicole. I am at work again.

11:28:13 From nicole S to Everyone:

Well, glad you could be with us!

11:29:21 From Loes Tam to Everyone:

Hi everyone Loes Tam here from London Engkand

11:29:44 From Kathy to Everyone:

Raining here...

11:30:01 From Keri Drowatzky to Everyone:

yes I do. I am able to watch and slightly participate as long as I am watching heart monitors along the way.

11:30:18 From nicole S to Everyone:

That's awesome!

11:30:56 From Kathy to Everyone:

I grew up in YORK, but York, PA - USA!!! It was named after your York!! :)

11:31:06 From nicole S to Everyone:

ha!

11:31:33 From Kathy to Everyone:

Good afternoon to you, Loes! :)

11:31:49 From Porscha Green to Everyone:

Hi Everyone! Porscha in Clayton, NC

11:31:51 From Liz Loeschner to Everyone:

Liz Loeschner Colorado Springs CO

11:31:59 From Loes Tam to Everyone:

Thanks Kathy

11:32:00 From Kathy to Everyone:

Mistakes happen....

11:32:20 From Kathy to Everyone:

NOW...we know!! HAHA!

11:32:41 From Keri Drowatzky to Everyone:

hey, I am a goddess!

11:33:17 From nicole S to Everyone:



11:34:02 From nicole S to Everyone:

kerri

11:34:06 From nicole S to Everyone:

keri

11:35:04 From Loes Tam to Everyone:

Looking good, Keri...

11:35:25 From Porscha Green to Everyone:

Is she dragging or is it me? Internet connection?

11:35:26 From Kathy to Everyone:

I am hearing it.

11:35:29 From Liz Loeschner to Everyone:

I hear it dragging on my end too

11:35:42 From Kathy to Everyone:

It's just like in slow mode.

11:36:32 From Keri Drowatzky to Everyone:

thx lies. I am just kidding. I am so fallible. vocal was garbled.

11:40:04 From Kathy to Everyone:

Yes

11:42:56 From Keri Drowatzky to Everyone:

my dad was a victim of abuse from his father. family was in aArkansas and poor. he was another mouth to feed. he was a very angry and fearful man taking it out on me. his sister was in a abusive relationship with her first husband.

11:43:19 From Keri Drowatzky to Everyone:

I am not familiar with it.

11:47:58 From Liz Loeschner to Everyone:

One of my assignments in graduate school was to create a genogram, and it was really helpful for me and has been a good tool in my individual sessions.

11:48:27 From Loes Tam to Everyone:

Good to know Liz..

11:48:31 From Kathy to Dr. Debra(Direct Message):

You are doing GREAT!! I just learned to raise my hand electronically today! HAHA! :)

11:48:33 From nicole S to Everyone:

That is great Liz. I think programs like that are really helpful.

11:49:04 From nicole S to Everyone:

It gives us the ability to experience what it is like and make assessments for ourselves.

11:49:12 From nicole S to Everyone:

and we end up with good tools

11:50:12 From Porscha Green to Everyone:

It is very helpful. When I used it with families, I always found it interested when family members reported having no flaws. That's when I knew they were hiding things

11:50:40 From Liz Loeschner to Everyone:

Yes, it was also good to track conflicts in the family, as some of the genogram key charts have specific lines for types of conflict within family systems

11:52:18 From nicole S to Everyone:

yes Porscha...I like being able to make connections like that..helpful for exploring resistance or the need for psychoeducation.

11:53:30 From Keri Drowatzky to Everyone:

no

11:53:38 From Kathy to Everyone:

<https://www.amazon.com/Darkness-Light-Journey-Transformational-Journaling/dp/B08L5DV68V>

11:53:53 From Keri Drowatzky to Everyone:

funny

11:55:31 From Porscha Green to Everyone:

Absolutely! this tool can allow you to assess a lot about a family's system even while they are providing the information

11:56:06 From Keri Drowatzky to Everyone:

I have your book Debra. I don't know how to use it for even myself . would I have to be a Vic of domestic abuse?

11:56:09 From Kathy to Everyone:

Please remind us again... Women's group was safety and ??? Men was accountability. I know you have said it multiple times. I just need it to stick. :)

11:56:30 From Porscha Green to Everyone:

empowerment Kathy

11:58:07 From Kathy to Everyone:

Thanks, Porscha! :)

12:00:42 From Porscha Green to Everyone:

You're welcome

12:00:46 From Keri Drowatzky to Everyone:

passive and passive aggressive has me confused.

12:00:50 From Kathy to Everyone:

You attempt to ??? have been noted... what was that quote again.

12:05:34 From Kathy to Everyone:

LOTS of adjectives... descriptive terms

12:08:38 From Keri Drowatzky to Everyone:

chocolate.....no pop, yuck!

12:08:47 From Kathy to Everyone:

The power of suggestion...I would love some RIGHT now! HAHA! Chocolate that is...not soda.

12:09:33 From Loes Tam to Everyone:

Chocolate anytime.... Especially Dutch chocolate...

12:15:52 From Kathy to Everyone:

This is great to help teach teens, too!

12:20:37 From Loes Tam to Everyone:

Is not making a decision a decision as well?

12:25:29 From Kathy to Everyone:

:)

12:25:31 From Kathy to Everyone:

:)

12:29:21 From Loes Tam to Everyone:

Thanks for entertaining us Porscha and Eden...

12:30:03 From Porscha Green to Everyone:

Anytime 😊

12:40:50 From Kathy to Dr. Debra(Direct Message):

When you are able, could you please email me the self nurturing handout, please? A while ago you mentioned you had a list of ideas. Do you know what I mean? Thank you, kindly!

12:43:16 From Kathy to Everyone:

<https://ncadv.org/financial-education>

12:44:45 From Porscha Green to Everyone:

Congratulations on your strides!!

12:45:44 From Keri Drowatzky to Everyone:

culinary arts is a beginning for an entry into college world and moving forward.

12:47:09 From Kathy to Everyone:

We are thankful for you sharing!

12:47:40 From Porscha Green to Everyone:

Thank you for sharing and showing us how resilient you are!

12:51:07 From Keri Drowatzky to Everyone:

would you have Julia Child's humor? I will watch.

12:52:19 From Kathy to Everyone:

HAHA!

12:53:01 From Loes Tam to Everyone:

Thanks Eden... you are a very brave woman!!

12:53:10 From Keri Drowatzky to Everyone:

Eden, u r going to make it. hooray!!!

12:59:00 From Eden Claire to Everyone:

Thanks everyone for the encouragement.

13:07:55 From Kathy to Everyone:

<https://www.calledtopeace.org/join-us/church-partnership/>

13:08:35 From Kathy to Everyone:

You are welcome! :)

13:08:45 From Porscha Green to Everyone:

This was great!

13:08:55 From Porscha Green to Everyone:

I have to do replays

13:10:03 From Kathy to Everyone:

If time is ending...does that mean it's chocolate time?

13:10:04 From Keri Drowatzky to Everyone:

I will watch all replays. so much distractions here on the job.

13:11:16 From Porscha Green to Everyone:

It becomes practicum

13:14:52 From Porscha Green to Everyone:

That's a good idea

13:16:11 From Kathy to Everyone:

Thank you!

13:16:15 From Keri Drowatzky to Everyone:

thank you.

13:16:20 From Liz Loeschner to Everyone:

Thanks!