## Video Replay: https://vimeo.com/569497641/87ab039c60

| 11:21:48                     | From Kathy : Am I too early?   |
|------------------------------|--|
| 11:22:20                     | From Dr. Debra Wingfield : No Kathy  |
| 11:22:50                     | From Kathy : No.   |
| 11:23:11                     | From Kathy : Thanks for asking!! I am still eager to hear ideas.   |
| 11:23:26                     | From Kathy : HI Lynn!!   |
| 11:23:36                     | From Lynn Marie : Lynn Marie from Nc   |
| 11:23:48                     | From Kathy : Marlton, NJ   |
| 11:24:39                     | From Kathy : We are looking for a man for young men.   |
| 11:24:39                     | From Nicole Stania : I offer online counseling through Foundations Christian Counseling  |
| 11:24:45                     | From Kathy : Thank you!  |
| 11:24:51                     | From Kathy : Good to know!   |
| 11:25:01                     | From Nicole Stania : and I am vetted by Called to Peace  |
| 11:25:10                     | From Kathy : OK  |
| 11:26:38                     | From Debbie Doyle : Debbie Doyle from Ottawa Canada  |
| 11:27:59<br>this group be w  | From Kathy : Dr. Debra, is there another advanced class you recommend? Would any in illing to take another class? I am very interested. Thanks! :) |
| 11:28:44                     | From Kathy : I like them livethey are so different that way. :)  |
| 11:28:56                     | From Nicole Stania : <u>https://www.houseofpeacepubs.com/index.htm</u>   |
| 11:29:20                     | From Kathy : Understandable. No pressure. :) Thank you!  |
| 11:29:54                     | From Kathy : Your living them so wellblessing so many!!  |
| 11:30:19                     | From Melanie : Good morning everyone!  |
| 11:30:50                     | From Susan Sharp : Greetings from Montana!   |
| 11:31:04                     | From Patricia Cleveland : Good Morning! Patricia Cleveland from PA   |
| 11:31:10                     | From Zoom user : Tamara S Owasso Ok  |
| 11:31:24<br>Great to see you | From nicole : Good morning from Palm Springs. First time I've been able to be live.<br>u all this morning.   |
| 11:31:31                     | From Porscha Green : Good Morning! Porscha from Clayton, NC  |

11:31:31 From Porscha Green : Good Morning! Porscha from Clayton, NC

11:31:52 From Dr. Debra Wingfield : <u>https://www.domesticshelters.org/articles/true-survivor-stories/part-ii-one-abuser-three-wives-and-zero-</u>accountability?utm\_source=newsletter&utm\_medium=email&utm\_campaign=jun27

11:31:59 From Liz Loeschner : Liz Loeschner Colorado Springs CO

11:32:29 From Kathy : Their newsletter has GREAT info., resources... I would highly recommend it!

11:34:32 From Loes Tam : Hi everyone Loes Tam here from London England

11:34:55 From Lynn Marie : Quick question would we be able to advocate for these women using our normal training from this class? There may be opportunities on a request basis from the treatment provider.

11:35:04 From Liz Loeschner : That's so sad and haunting to hear.

11:35:52 From nicole : Exactly. It took about 18 months to be freed from the shame.

11:41:02 From Dana De Vane-Webster : Dana De Vane-Webster (Wendell, NC)

11:42:49 From Loes Tam : Perhaps she had no boundaries in place before she married her

husband since she did not realise she needed them having lived with very safe and considerate people.. *I* would look more at her lack of understanding of abusers and how they entrap women in these relationships.

11:45:16 From Nicole Stania : <u>https://www.amazon.com/See-What-You-Made-Me-ebook/dp/B07M8RGLF7</u>

11:45:46 From Loes Tam : In a Christian setting women will have been taught to submit to their husbands and in some Christian circles they have been taught to allow a measure of abuse...

11:47:18 From Nicole Stania :

https://www.amazon.com/s?k=no+visible+bruises&gclid=CjwKCAjwrPCGBhALEiwAUI9X04PujcEWoqZ8V aZpvTEM2QnSe2tXb6ZKUIOmMOtjsWxgcSIEgf3sDBoC3CkQAvD\_BwE&hvadid=322091163537&hvdev=c &hvlocphy=1024931&hvnetw=g&hvqmt=e&hvrand=17116493038903457912&hvtargid=kwd-667461716847&hydadcr=22537\_9636735&tag=googhydr-20&ref=pd\_sl\_5w8i51650p\_e

11:47:55 From Loes Tam : Thanks Nicole

11:48:58 From Nicole Stania : Your Welcome

11:49:11 From Melanie : Most of the women at the Refuge are afraid for their husband changing baby's diapers even if no provable abuse.

11:49:21 From Lynn Marie : Do these survivors tend to marry younger than others?

11:50:13 From Loes Tam : That is so sad Melanie...

11:56:23 From Loes Tam : Girls in the home schooling/ quiverfull movement are today considered. property of their fathers and then handed over to their husbands at their marriage very similar to what Dr Debra experienced...

11:57:38 From Kathy : Triggering video, but this explains what you described Loes. I just saw it last night.... <u>https://www.youtube.com/watch?v=bWTmNL4iZul</u>

11:58:10 From Debbie Doyle : thanks for the info Kathy - will watch - I know many in this movement

11:58:42 From Kathy : You are welcome!

11:58:51 From Loes Tam : Thanks Kathy will check it out...

11:59:11 From Liz Loeschner : Yes, thank you! I added it to my watch later

11:59:46 From nicole : It's the temper tantrums I never understood in my marriage, that led to his violent behavior, but he would never acknowledge that.

12:02:26 From nicole : Why do we feel we need to over explain things?

12:04:14 From Liz Loeschner : In my experience, I tend to over explain things when I feel unheard. I guess internally I believe if I repeat things or elaborate, then maybe they will get more of my message than if I did not explain more. I notice I over explain more when I get no responses or if I am cut off in conversations.

12:04:41 From Loes Tam : Possibly we are relational beings and want to connect at a deep level, be understood by the other person?

12:04:55 From Lynn Marie : Does what she sees , hears repeatedly from the abuser cause the tendency to respond to the abuser w a weapon? She may feel she needs to even the odds from his size to hers.

12:06:27 From Kathy : Rebecca Davis and Lauren Rose (from CTPM) have shared about their experiences in the HS movement where power and control has been used. Rebecca has studied it and helped others involved in it for years. She has great insight! Lauren has personal experience she shares,

12:07:14 From Lynn Marie : Cool and both will be at the upcoming retreat in September

12:07:15 From Kathy : LOVE that quote on hamster wheel thinking!! I am working with a women right now that needs to hear that... :)

12:07:27 From Nicole Stania : It is important to remember not everyone in that movement ascribes to the same ideology, however.

- 12:07:39 From Nicole Stania : There are sects of it though
- 12:08:08 From Lynn Marie : True Nicole that makes sense.

12:08:09 From Kathy : True.

12:08:33 From Nicole Stania : Lynn...yes.. you are correct.

12:11:45 From Zoom user : There cameras that look like chargers.

12:12:09 From Zoom user : "Nanny cams"

12:12:12 From Kathy : Yes... plus. the newer ones are super small and cheap.

12:12:26 From Patricia Cleveland : How can you monitor if there is a monitoring device, other than physically looking for a device?

12:12:45 From Debbie Doyle : Hi patricia - you can get a little device to look around for those things

12:13:34 From Lynn Marie : Thank you Debbie! That is helpful to remember

12:14:15 From Kathy : Even simple things like...he could be reading your texts, email, FB accounts... MOST don't realize it. If you text her...he could be reading your texts to her! :(

12:14:35 From Debbie Doyle : <u>https://www.amazon.com/Detector-Wireless-Tracking-Listening-</u> Frequency/dp/B07Z3HQ3Z2/ref=sr\_1\_3?dchild=1&keywords=find+hidden+cameras&qid=1625069637& sr=8-3

12:14:41 From Debbie Doyle : i bought something like this

12:15:15 From Debbie Doyle : I keep it and share it with my friends

12:15:42 From Lynn Marie : Thank you Debbie

12:16:33 From Patricia Cleveland : Dr. Debra please add link about how to check for bugs and listening devices, etc. Thank you

12:17:03 From Zoom user : How do you know if he is reading Mail?

12:17:28From Kathy : Helpful book... <a href="https://www.amazon.com/Great-Sex-Rescue-Recover-intended/dp/1540900827/ref=sr\_1\_1?crid=36SILFT97RHMT&dchild=1&keywords=the+great+sex+rescue">https://www.amazon.com/Great-Sex-Rescue-Recover-intended/dp/1540900827/ref=sr\_1\_1?crid=36SILFT97RHMT&dchild=1&keywords=the+great+sex+rescue</a>e+sheila+wray+gregoire&qid=1625069787&sprefix=The+great+sex+rescue%2Caps%2C160&sr=8-1

12:17:32 From Nicole Stania to Dr. Debra Wingfield(Direct Message) : Please include the document about how to find out how an abuser could be monitoring them.

12:17:46 From Zoom user : I have had trouble sending out mail.

12:17:50 From Kathy : He could be using spyware and see everything on your computer screen.

12:18:19 From Dana De Vane-Webster : If he set up an iCloud account for her before, he can be reading not only her mail but every electronic correspondence on any electronic device.

12:18:23 From Kathy : Change passwords and open new email accounts from different providers.

12:18:48 From Kathy : Yes, Dana!

12:18:59 From Debbie Doyle : GPS tracker on the car is usually connected to the battery - have the car checked by an independent mechanic

12:19:15 From Dana De Vane-Webster : He could also be using a keystroke logger to monitor her electronic communications via computer, laptop, etc.

12:19:30 From Kathy : BUT...depending on what he did...it MAY not be able to cleaned off the hard drive. Just be aware.

12:19:33 From Debbie Doyle : GPS location services on phone and computer - yes - you have to completely redo or get new

12:20:37 From Dana De Vane-Webster : I know this because my wasband is tech savvy and has even hacked into my non iPhone phone.

12:21:15 From Debbie Doyle : I love that Dana "wasband"

12:22:14 From Dana De Vane-Webster : Debbie, it was either going to be "wasband" or "hasbeen". I'm trying to be nice!

12:22:33 From Debbie Doyle : hahahaha - great Dana ;-)

12:24:39 From Dana De Vane-Webster : ...mine had me wear an ovulation monitor 24/7 and would get verbally abusive if I didn't.

12:24:50 From Melanie : The movie No Ordinary Love is a heartbreaking example of sexual assault by a "pastor" husband. Very sad.

12:25:05 From Lynn Marie : Wow Dana

12:25:19 From Debbie Doyle : I am so sorry Dana - my heart aches

12:25:24 From Zoom user : Yes. Didn't want me using pill or IUD but insisted on pulling out. I got pregnant after he raped me.

12:26:13 From Nicole Stania : absolutely heartbreaking. I am so sorry.

12:26:32 From Loes Tam : That is so sad Dana... very abusive!!...

12:28:17 From Kathy : His selfishness or entitlement

12:29:08 From Melanie : It's a very, very sad move and would be triggering for many women.

12:29:15 From Patricia Cleveland : Is power and control abusive?

12:30:51 From Zoom user : So how can a woman set boundaries? Saying no is not the same motive of "Withholding

12:31:12 From Zoom user : To manipulate.

12:33:13 From Melanie : When women abuse, it's not usually from the mindset of entitlement and objectifying the man.

12:33:56 From Kathy : Good point, Melanie!

12:36:14 From Dana De Vane-Webster : ...and him having sex with her while she is sleeping is not her giving consent. That's still rape. Also a part of my story.

12:36:50 From Kathy : I have said it before...but, I will say it again... many women in Christian circles don't understand that they can be raped in a "Christian" marriage. I think that's a HUGE area where we can educate and empower women! :)

12:36:57 From Lynn Marie : Correct Dana my ex would do that repeatedly to me.

12:37:05 From Kathy : I agree, Dana!!! I am sorry.

12:39:09 From Loes Tam : So true Kathy... part of their education is helping them understand what the Bible really teaches on marriage versus what they have been taught on marriage by their churches...

12:41:07 From nicole : I'm having to go through all my texts and emails for the judge to show patterns of abuse. I forgot and pushed it out of my mind, my h drugged me several times at night in the form of a smoothie. It's embarrassing and shame filled , that's why I rarely spoke up.

12:42:11 From Kathy : Great books.... book 1 - <u>https://www.amazon.com/Untwisting-Scriptures-that-were-tangle/dp/0998198102</u>

12:42:27 From Kathy: Book 2 - <u>https://www.amazon.com/Untwisting-Scriptures-that-were-tangle/dp/099894355X/ref=pd\_lpo\_14\_t\_0/130-0596706-5204640? encoding=UTF8&pd\_rd\_i=099894355X&pd\_rd\_r=ab3b15ef-3b86-4894-af8a-408f1ca44e31&pd\_rd\_w=2uzqa&pd\_rd\_wg=ngOhf&pf\_rd\_p=fb1e266d-b690-4b4f-b71c-bd35e5395976&pf\_rd\_r=2ZEX9AWD2HWF2B6Z5CZK&psc=1&refRID=2ZEX9AWD2HWF2B6Z5CZK</u>

12:43:13 From Kathy : Great resource for spiritual abuse - <u>https://heresthejoy.com/</u>

12:43:38 From Loes Tam : Ephesians 5:21 teaches on MUTUAL submission.... That is often "forgotten"... According to Professor Wayne Grudem mutual submission is a MYTH... Thankfully according to Scripture It is a beautiful truth..

12:46:03 From Nicole Stania : The word for "submission" in the passage means a voluntary or willful yielding. Chris Moles does an amazing job explaining that in his recent online seminar that they offered. Darby Strickland and Greg Wilson, and I believe Joy Forrest is a part of the offering.

12:46:09 From Loes Tam : For those of you who wonder who Professor Wayne Grudem is, he is the founder of The Council Of Biblical Manhood And Womanhood...a complementarian/ patriarchal Institution...

12:46:44 From nicole : Is there a statue of limitations on coercive control if they can be arrested for their insidious behavior?

12:46:51 From Kathy : Loes, are you familiar with this group? <u>https://www.restored-uk.org/</u>

12:46:52 From Patricia Cleveland : This doesn't refer just in marriage or IPV, it refers to any violence against women.

12:48:57 From Nicole Stania : <u>https://chrismoles.podia.com/peaceworks-live-2020</u>

12:49:18 From Kathy : YES, Nicole!!! I was just going to share... Thanks!

- 12:50:40 From Kathy : Yes, Liz, I remember....
- 12:50:49 From Kathy : What a GREAT place to move!!!!!!
- 12:51:10 From Patricia Cleveland : Will there be a quiz and a certification for this class?
- 12:51:16 From Nicole Stania : <u>https://www.calledtopeace.org/</u>
- 12:51:46 From nicole : I'll get my summaries in this week.

12:52:00 From Porscha Green : She can email me if she needs an advocate Porscha@CalledToPeace.org

- 12:52:34 From nicole : I have a question about a woman in the process of leaving.
- 12:52:45 From Debbie Doyle : I hope to get my two summaries emailed this week too
- 12:52:50 From Melanie : Called to Peace also can connect her with a good attorney.
- 12:53:46 From Kathy : <u>https://www.lesnik-law.com/</u>
- 12:53:57 From Kathy : Sure!
- 12:54:43 From Dana De Vane-Webster : I'll get my summary for last week in by tomorrow.
- 12:54:55 From Kathy : Tiffany A. Lesnik, Attorney is her name. She's on the CTPM board.
- 12:55:18 From Nicole Stania : No worries about your summaries. As you are able, get them in.

12:58:37 From Liz Loeschner : I'm sorry it might be my sick brain, but what are the summaries and who should I send them to?

12:59:10 From Dr. Debra Wingfield : Liz, the summaries are if you are unable to attend the class live.

- 12:59:17 From Liz Loeschner : Okay thank you
- 12:59:54 From Kathy : Nicole, I private messaged you. :)
- 13:00:24 From Nicole Stania : where? FB or email?
- 13:00:49 From Kathy : The other Nicole...not you, NS. :)
- 13:00:55 From Lynn Marie : Make sure she has a safety plan in place for sure
- 13:00:56 From Nicole Stania : ok.
- 13:03:01 From Porscha Green : Seek counsel
- 13:03:41 From Kathy : Can she call the DV Hotline, if the lawyer isn't an option?
- 13:10:10 From Kathy : Susan, great question!
- 13:12:50 From Melanie : I am so sorry, Tamara. You are in a very difficult situation.

13:13:37 From nicole : My husband attacked me and had me falsely arrested. Grateful we have no kids. It was 1 night in jail and 29 days of trusting God and I was vindicated. The smear campaign against me was horrendous, but God. 4 years later he is in jail awaiting trial.

13:13:55 From Loes Tam : I am so sorry Tamara about what you are going through...

13:14:16 From Zoom user : My son is 11 also. Started physically attacking others.

13:14:30 From Nicole Stania : Wow Nicole. How awful

13:14:47 From Loes Tam : Sorry Kathy I had not seen your message... I am not familiar with that group...

13:15:03 From nicole : Tamara, thank you for sharing your heart.

13:15:13 From Nicole Stania : Yes. Thank you for sharing.

13:15:16 From Debbie Doyle : So sad Tamara ... :-(

13:15:23 From Kathy : Yes....

13:15:26 From Susan Sharp : Tamara - sending you a virtual hug. Your situation is a tough one, but don't despair. God can change your children's hearts and He will.

13:16:37 From Dana De Vane-Webster : Take courage women and moms who are in here going through these trials and those assisting others. Praying for us all.

| 13:16:53 | From Patricia Cleveland : Tamara, Hugs.                           |
|----------|---|
| 13:17:10 | From Lynn Marie : Thank you everyone                              |
| 13:17:11 | From Porscha Green : Sending you love and prayers                 |
| 13:17:20 | From Kathy : Yes, thank you!                                      |
| 13:17:21 | From Nicole Stania : Yes Liz, thank you!                          |
| 13:17:23 | From Patricia Cleveland : Thank you, Dr. Debra and Nicole         |
| 13:17:26 | From Debbie Doyle : thank you Dr Debra and Nicole and everyone <3 |
| 13:17:39 | From Susan Sharp : It was an awesome course! Thank you so much    |