

Video Replay: <https://vimeo.com/922638534/0515d4b493?share=copy>

11:20:32 From Pamela Brandenburg to Everyone:

Good morning from GA

11:20:53 From Sheri Faber (Millenbaugh) to Everyone:

Sheri Millenbaugh Faber Ohio

11:21:17 From Tracy Zimmerman to Everyone:

Good morning everyone, Tracy Zimmerman of PA

11:21:59 From Nancy Kantsios to Everyone:

Good morning! Nancy Kantsios from Aldie, VA

11:24:02 From Tyne to Everyone:

Hi from Manitoba this week. YAY for the Protect the flock training in WInnipeg this weekend!

11:24:14 From anne church to Everyone:

Good Morning to All, Anne from Florida 😊

11:24:58 From Brandie Ramirez to Everyone:

Brandie, Michigan

11:25:35 From April Spencer to Everyone:

April, Colorado

11:26:14 From Shelle Mossman to Everyone:

Shelle, Maryland

11:26:21 From Helenmary Brown to Everyone:

Good Morning from Virginia!

11:28:10 From Susi Limon to Everyone:

Susi Limon, California

11:28:46 From Traci Criswell to Everyone:

Traci from Dundee Oregon Good morning

11:28:58 From Angi Beery to Everyone:

Hello to all! Angi Beery, Goshen, Indiana

11:28:58 From Vanessa Satterfield to Everyone:

Vanessa Satterfield - North Carolina

11:28:58 From Brandon Eberl to Everyone:

Brandon Eberl, Winston-Salem, NC

11:29:11 From Ann Lawrence to Everyone:

Ann Lawrence Roxboro, NC

11:29:18 From Kendra Thurman to Everyone:

Kendra from Ohio

11:29:19 From Dr. Jessica Evans to Everyone:

Jessica, Columbus, OH

11:29:20 From Deah Embree to Everyone:

Good morning. =)

Deah Embree, Lancaster, PA

11:29:23 From Tricia Foster to Everyone:

Morning~Tricia in Burlington, NC

11:29:24 From Kelly Grunenwald to Everyone:

Kelly Grunenwald- Williston, ND

11:29:30 From Susan Sharp to Everyone:

Susan in Kalispell, MT. Good morning!

11:29:50 From Lori Veenstra to Everyone:

Hi all! Lori Veenstra from Goshen IN

11:29:58 From sylvia gelderman to Everyone:

Good morning from Abbotsford, BC

11:30:01 From Becki Johnson to Everyone:

Hello from central NY

11:30:06 From Cheri Dara to Everyone:

Cheri Dara Peachtree City, GA

11:30:08 From Rose Rickett to Everyone:

Rose in GA

11:30:14 From Shonquella Terrell to Everyone:

Good Morning beautiful people:) Shonquella Terrell, Holly Springs, NC

11:30:14 From Amalia Davis to Everyone:

Amalia Davis-Levittown, PA


11:30:16 From Helenmary Brown to Everyone:

I wish I could come--I know it will be fantastic!

11:30:16 From Tracey Phillips to Everyone:

Good morning from California

11:30:24 From Deah Embree to Everyone:

Reacted to "I wish I could come-..." with 

11:30:32 From Mary Jacobson to Everyone:

Mary NC

11:30:33 From Melissa Spann to Everyone:

Melissa S ~ SC

11:30:53 From Shonquella Terrell to Everyone:

I need it in my life:)

11:30:59 From Becky Sewell to Everyone:

Good Morning. Becky Sewell from Idaho


11:31:03 From Skips and Lisa Wagstaffe to Everyone:

Good Morning All! Skip and Lisa Wagstaffe here from Nor Cal!

11:31:07 From Lacie Dickens to Everyone:

Winston Salem, NC

11:31:22 From Brandon Eberl to Everyone:

Reacted to "Winston Salem, NC" with 


11:31:25 From JoAnna Schultz to Everyone:

JoAnna Schultz, Murrieta Ca

11:31:31 From Henry Esqueda to Everyone:

Good Morning all, This is Henry Esqueda from La Mirada, CA

11:31:40 From Helenmary Brown to Everyone:

Reacted to "Winston Salem, NC" with 

11:31:42 From Tyne to Everyone:

Just wanted to say it was fantastic to be a part of the protect the flock training in Winnipeg this past weekend. First one in Canada? I believe.

11:31:50 From Helenmary Brown to Everyone:

Reacted to "Just wanted to say..." with ❤️

11:31:52 From Kendra Thurman to Everyone:

Reacted to "Just wanted to say i..." with 💜

11:31:54 From Deah Embree to Everyone:

Reacted to "Just wanted to say i..." with 💜

11:31:59 From Becki Johnson to Everyone:

Reacted to "Just wanted to say i..." with ❤️

11:32:00 From Martha Serianni to Everyone:

Martha in Iowa

11:32:05 From Tabitha Westbrook to Everyone:

Reacted to "Just wanted to say i..." with ❤️

11:32:07 From Christi Douglas to Everyone:

Good morning from Ft Collins, Colorado

11:32:11 From Tynetta Chastain to Everyone:

Tynetta Chastain from St. Louis

11:32:19 From Shelle Mossman to Everyone:

Sorry for no camera right now. I'm multitasking. Hopefully will finish soon. I'm listening and if I miss something I'll go back and watch that part

11:32:19 From Molly Weber to Everyone:

Molly in Staunton VA

11:32:42 From Nichelle Izard to Everyone:

Nichelle in Kansas

11:32:44 From Rebecca Pelletier to Everyone:

Rebecca central virginia

11:33:02 From Shonquella Terrell to Everyone:

Love you Porscha

11:33:02 From Angie Martinez to Everyone:

Angie in Merritt Island, Florida

11:33:03 From Linoy to Everyone:

Linoy from Jerusalem Israel

11:33:34 From Kendra Thurman to Everyone:

I'll text her and check

11:33:34 From Cindy Baltz-King to Everyone:

Good Morning!

Cindy here from Tennessee

11:33:37 From Porscha Green to Everyone:

Replying to "Love you Porscha"

I love you too!

11:33:42 From Helenmary Brown to Everyone:

Reacted to "Rebecca central vi..." with ❤️

11:33:48 From Becki Johnson to Everyone:

With the time change it's harder to judge the time for a couple weeks. The older I get, the longer it takes.

11:33:49 From Dr. Jessica Evans to Everyone:

Many of us are still trying to wake up right now!

11:33:55 From Helenmary Brown to Everyone:

Reacted to "Linoy from Jerusal..." with ❤️

11:34:03 From Shonquella Terrell to Everyone:

2

11:34:12 From Cindy Baltz-King to Everyone:

The good thing is we have more daylight!!

11:34:17 From Porscha Green to Everyone:

Hello Everyone! Porscha in NC

11:34:19 From Shonquella Terrell to Everyone:

lol

11:34:20 From Becki Johnson to Everyone:

I hate early morning flights.

11:34:24 From Helenmary Brown to Everyone:

Replying to "Linoy from Jerusal..."

Shalom!

11:34:33 From Lacie Dickens to Everyone:

Reacted to "Linoy from Jerusalem..." with ❤️

11:34:34 From Shonquella Terrell to Everyone:

wow

11:34:39 From Becki Johnson to Everyone:

Reacted to "Linoy from Jerusalem..." with ❤️

11:34:42 From marcee rollandini to Everyone:

marcee rollandini, EI, NC

11:34:44 From Christi Douglas to Everyone:

This is going to be an interesting class! Our leaders are on the struggle bus. lol

11:34:59 From jane latta to Everyone:

Reacted to "This is going to be ..." with 💜

11:35:08 From cynthia peace to Everyone:

cynthia p pa

11:35:29 From Shonquella Terrell to Everyone:

AMen

11:35:37 From Joy Forrest to Everyone:

Reacted to "This is going to be ..." with 😂

11:35:43 From Pamela Boswell to Everyone:

Pamela Boswell Montgomery alabama

11:35:45 From Tabitha Westbrook to Everyone:

Replying to "This is going to be ..."

Dude, I'm DRIVING the struggle bus today. LOL.

11:35:50 From Keri Drowatzky to Everyone:

Keri Drowatzky here in Bartlesville OK

11:36:02 From Maure Franck to Everyone:

Maure MO

11:36:02 From Becki Johnson to Everyone:

I'm in the middle of reading that book.

11:36:03 From Cindy Baltz-King to Everyone:

Reacted to "Linoy from Jerusalem..." with ❤️

11:36:06 From Dr. Jessica Evans to Everyone:

<https://www.amazon.com/Stop-Blaming-Mothers-Ignoring-Fathers/dp/1735164534>

11:36:10 From Rebecca Pelletier to Everyone:

I bought that book. Just starting it

11:36:15 From Kendra Thurman to Everyone:

Reacted to "This is going to be ..." with 😄

11:36:19 From Kendra Thurman to Everyone:

Reacted to "Dude, I'm DRIVING th..." with 😄

11:36:24 From Dr. Jessica Evans to Everyone:

[Stop Blaming Mothers and Ignoring Fathers: How to Transform the Way We Keep Children Safe from Domestic Violence](#)

[by David Mandel](#)

11:36:30 From Tina Roy to Everyone:

Hello from Woodstock, GA!

11:36:30 From Rhonda Burdett to Everyone:

Rhonda Burdett Tallmadge, OH

11:36:32 From Judy Brown to Everyone:

Judy, WA state

11:36:32 From Joy Forrest to Everyone:

Reacted to "I'm in the middle of..." with 👍

11:36:35 From Deborah Stahl Waters to Everyone:

Good Morning, Deborah Stahl Waters- GA

11:36:40 From Dr. Jessica Evans to Everyone:

[Safe & Together Model by David Mandel](#)

11:36:52 From Joy Forrest to Everyone:

Reacted to "Dude, I'm DRIVING th..." with 😄

11:36:53 From Dr. Jessica Evans to Everyone:

<https://safeandtogetherinstitute.com>

11:37:00 From Cindy Baltz-King to Everyone:

Replying to "Linoy from Jerusalem..."

WOW!!

Welcome and how are things in Jerusalem?

11:37:30 From Joy Forrest to Everyone:

Replying to "This is going to be ..."

@Tabitha Westbrook That's because I'm too incoherent to drive.

11:37:41 From Porscha Green to Everyone:

Reacted to "This is going to be ..." with 😄

11:37:55 From Tabitha Westbrook to Everyone:

Reacted to "@Tabitha Westbrook T..." with 🗣️

11:37:56 From Shonquella Terrell to Everyone:

Reacted to "I love you too!" with 💜

11:38:00 From Christi Douglas to Everyone:

Replying to "This is going to be ..."

I'm just teasing you ladies. I LOVE your honesty. :)

11:38:02 From Cindy Baltz-King to Everyone:

It's not on the main screen

11:38:20 From Dr. Jessica Evans to Everyone:

[Go to course webpage here and you will see Timeline Example, if you select that, it will download that. Dr. Debra added in Protective Capacities to timeline.](#)

https://www.houseofpeacepubs.com/Advocacy%20Courses/impacts_victims.htm

11:38:26 From Christi Douglas to Everyone:

Reacted to "Dude, I'm DRIVING th..." with 🤔

11:38:27 From Joy Forrest to Everyone:

Replying to "This is going to be ..."



11:38:49 From Cathy Sharpe to Everyone:

Cathy Sharpe, Leasburg NC

11:38:50 From Dr. Jessica Evans to Everyone:

Language: "Perpetrator pattern-based parenting choices"

11:38:54 From Ladonna Hafen to Everyone:

Forgot to sign in...Ladonna Hafen, Whitefish Montana

11:38:59 From Cindy Baltz-King to Everyone:

Reacted to "Go to course webpage..." with 👍

11:39:22 From Joy Forrest to Everyone:

Reacted to "Safe & Together Mode..." with ❤️

11:39:28 From Dr. Jessica Evans to Everyone:

"Protective capacities" - what did the safe parent do, even in the midst of abuse, to keep children safe?

11:39:30 From Joy Forrest to Everyone:

Reacted to "Linoy from Jerusalem..." with ❤️

11:39:32 From Laura Dunshee to Everyone:

Laura Dunshee, Zionsville, IN

11:39:49 From Kendra Thurman to Everyone:

Reacted to "@Tabitha Westbrook T..." with 🙌

11:40:45 From Becki Johnson to Everyone:

Reacted to ""Perpetrator pattern..." with 👍

11:40:47 From Ariella L to Everyone:

Ariella, Israel

11:41:34 From Dr. Jessica Evans to Everyone:

Safe & Together Model- shows perpetrator is using pattern-based coercive control

Abuser is using MPH- Multiple pathways of harm

Safe parent is using Protective capacities

11:41:45 From Joy Forrest to Everyone:

Replying to "Linoy from Jerusalem..."

Welcome, Linoy. We're glad to have you here, and part of our Israeli team.

11:41:45 From Lynn Loscar to Everyone:

Good Morning, from cloudy Inyokern, CA

11:42:02 From Lynn Adams to Everyone:

Lynn A. MN

11:42:11 From Becki Johnson to Everyone:

Adding the component of how the safe parent is being protective will be crucial to helping the courts and CPS see what's really happening.

11:42:23 From Dr. Jessica Evans to Everyone:

Reacted to "Adding the component..." with 👍

11:42:27 From Tabitha Westbrook to Everyone:

Replying to "Adding the component..."

Yep

11:42:27 From Teri- Advocate to Everyone:

Teri, Oregon

11:42:34 From Becky Sewell to Everyone:

What is the name of the book again?

11:42:38 From Becki Johnson to Everyone:

I'm really appreciating the paradigm shift as I'm reading it!

11:42:50 From Martha Serianni to Everyone:

Name of book again please

11:42:56 From Moni Mali to Everyone:

moni mali nc

11:43:22 From Cindy Baltz-King to Everyone:

Reacted to "Adding the component..." with 👍

11:43:39 From jane latta to Everyone:

Reacted to "@Tabitha Westbrook T..." with 🎨

11:43:46 From Dr. Jessica Evans to Everyone:

Describe abuser behavior

Describe the impacts

Describe what safe parent did to nurture and keep children safe

11:43:59 From Cindy Baltz-King to Everyone:

What's the name of the book?

11:44:10 From Becki Johnson to Everyone:

https://www.amazon.com/dp/1735164534?psc=1&ref=ppx_yo2ov_dt_b_product_details

11:44:14 From nicole toyne to Everyone:

Good morning

11:44:23 From Dr. Jessica Evans to Everyone:

Replying to "What's the name of t..."

Stop Blaming Mothers and Ignoring Fathers: How to Transform the Way We Keep Children Safe from Domestic Violence

11:44:29 From Dr. Jessica Evans to Everyone:

Reacted to "https://www.amazon.c..." with 👍

11:44:38 From Becki Johnson to Everyone:

Reacted to "Describe abuser beha..." with ❤️

11:44:54 From Tricia Foster to Everyone:

Replying to "Name of book again p..."

<https://www.amazon.com/Stop-Blaming-Mothers-Ignoring-Fathers/dp/1735164534>

11:45:00 From Tricia Foster to Everyone:

Replying to "What is the name of ..."

<https://www.amazon.com/Stop-Blaming-Mothers-Ignoring-Fathers/dp/1735164534>

11:45:51 From Becki Johnson to Everyone:

Reacted to "20240312104536.jpg" with 👍

11:46:59 From Jennifer White to Everyone:

Jennifer W here from FL

11:47:24 From Deah Embree to Everyone:

such a great example of manipulation with the chicken.

11:48:02 From Deah Embree to Everyone:

Replying to "such a great example..."

constantly changing goalposts

11:48:13 From Ariella L to Everyone:

crazy making!!! uuhggg

11:48:26 From Tricia Foster to Everyone:

Reacted to "constantly changing ..." with 👍

11:48:34 From Joy Forrest to Everyone:

Reacted to "crazy making!!! uuhh..." with 👍

11:48:44 From Becki Johnson to Everyone:

Deliberately not telling her important details so she can't ever get it "right"

11:48:56 From Joy Forrest to Everyone:

Reacted to "Deliberately not tel..." with 👍

11:49:08 From Jennifer White to Everyone:

My ex once yelled at me for not asking him to carry my suitcase downstairs to the car when my back was hurt - "What do you think I am, the bellhop?" Then the next time I DID ask and he yelled "What do you think, I'm not going to help you unless you ask me?"

11:49:09 From Tricia Foster to Everyone:

Reacted to "Deliberately not tel..." with 🍷

11:49:12 From Deah Embree to Everyone:

Reacted to "crazy making!!! uuhh..." with 👍

11:49:14 From Deah Embree to Everyone:

Reacted to "Deliberately not tel..." with 👍

11:49:31 From Dr. Jessica Evans to Everyone:

Reacted to "My ex once yelled at..." with 🙄

11:49:38 From Becki Johnson to Everyone:

Reacted to "My ex once yelled at..." with 🙄

11:49:40 From Deah Embree to Everyone:

Reacted to "My ex once yelled at..." with 🙄

11:49:45 From Helenmary Brown to Everyone:

Reacted to "My ex once yelled ..." with 🙄

11:49:56 From Helenmary Brown to Everyone:

Reacted to "Deliberately not t..." with 🙄

11:50:05 From Becki Johnson to Everyone:

Always the victim

11:50:05 From Jennifer White to Everyone:

Replying to "My ex once yelled at..."

It was defn a lose-l...

11:50:06 From Keri Drowatzky to Everyone:

God didn't create us to read each other's minds. Fried, baked which one? Mind-reading is not an ability given to people

11:50:17 From Helenmary Brown to Everyone:

I would tell him "I

11:50:17 From Deah Embree to Everyone:

Reacted to "God didn't create us..." with 🙄

11:50:50 From Helenmary Brown to Everyone:

I would tell him: "I'm not a mind reader."

11:51:06 From Joy Forrest to Everyone:

Replying to "God didn't create us..."

And honestly it wasn't about what he wanted anyway. It was a power play.

11:51:07 From Tricia Foster to Everyone:

Reacted to "I would tell him: "I..." with 🙄

11:51:18 From Tricia Foster to Everyone:

Reacted to "And honestly it wasn..." with 👍

11:51:21 From Becki Johnson to Everyone:

My kids learned to hurry to their rooms when they heard him get home, because they never knew which version of him would walk through the door.

11:51:33 From Becki Johnson to Everyone:

Reacted to "And honestly it wasn..." with 👍

11:51:42 From Joy Forrest to Everyone:

Reacted to "My kids learned to h..." with 🙄

11:51:43 From April Spencer to Everyone:

I remember my ex husband rejecting a toasted PBJ for breakfast... it was so frustrated he chose to abuse me over something so little. It was a wake up call to me that the abuse could happen regardless of the "cause" I was totally unsafe.

11:51:54 From Dr. Jessica Evans to Everyone:

Reacted to "My kids learned to h..." with 😞

11:52:00 From Becki Johnson to Everyone:

Replying to "God didn't create us..."

It doesn't matter what she did, he was going to be angry either way.

11:52:00 From Joy Forrest to Everyone:

Reacted to "I remember my ex hus..." with 👍

11:52:03 From Deah Embree to Everyone:

Reacted to "My kids learned to h..." with 😞

11:52:07 From April Spencer to Everyone:

Reacted to "My kids learned to h..." with 🙄

11:52:08 From Joy Forrest to Everyone:

Reacted to "It doesn't matter wh..." with 👍

11:52:11 From Deah Embree to Everyone:

Reacted to "It doesn't matter wh..." with 👍

11:52:17 From Becki Johnson to Everyone:

Reacted to "I remember my ex hus..." with 👍

11:52:38 From Angi Beery to Everyone:

Reacted to "And honestly it wasn..." with 🙌

11:52:45 From April Spencer to Everyone:

Punishment point is spot on! Thank you for articulating that, Dr. Debra

11:53:02 From Ariella L to Everyone:

Reacted to "Punishment point is ..." with 👍

11:53:14 From Cindy Baltz-King to Everyone:

Definitely a difference between discipline and punishing

11:53:22 From Cindy Baltz-King to Everyone:

Reacted to "Punishment point is ..." with 👍

11:53:53 From Shelle Mossman to Everyone:

Question: What about if his parents are abusers also? So they actually do put negative opinions in his mind.

11:53:56 From Tricia Foster to Everyone:

very often

11:53:57 From Lynn Loscar to Everyone:

very often

11:54:00 From Lynn Adams to Everyone:

Too often

11:54:01 From Sandy Skylar to Everyone:

very often

11:54:03 From Helenmary Brown to Everyone:

VERY OFTEN.

11:54:03 From Lindsay Suter to Everyone:

Often

11:54:03 From Irene McConnehey to Everyone:

very often

11:54:04 From Jenelle Chadwick to Everyone:

Jenelle C, SE Colorado

11:54:05 From Lacie Dickens to Everyone:

Very often

11:54:06 From Ariella L to Everyone:

Constantly and still post separation

11:54:13 From Cindy Baltz-King to Everyone:

Very often

11:54:15 From Amanda Clayborn to Everyone:

Very often

11:54:16 From Becki Johnson to Everyone:

My ex had no clue about discipline, the only thing he knew was punishment. He had zero self-discipline.

11:54:23 From Sandy Skylar to Everyone:

I thought you were in my kitchen with the chicken example

11:54:25 From Rebecca Pelletier to Everyone:

I'm sad that I realize I was manipulated to protect him and not my kids. They would've been taken from me. 😞

11:54:31 From Cindy Baltz-King to Everyone:

Power and control is their mindset

11:54:34 From Moni Mali to Everyone:

Replying to "What is the name of ..."

very often, seems like i see it in everyday life out and about too ;(

11:54:44 From Helenmary Brown to Everyone:

Reacted to "such a great examp..." with 👍

11:54:45 From Tracey Phillips to Everyone:

My. Spouse turned all seven of my teen/adult kids against me. It was over the course of years.

11:54:47 From Tyne to Everyone:

Reacted to "Linoy from Jerusalem..." with ❤️

11:54:54 From Lacie Dickens to Everyone:

Exactly!!

11:54:54 From Tracy Zimmerman to Everyone:

daily little things that make you question your own sanity

11:54:59 From Susi Limon to Everyone:

Absolutely. it was a miserable experience. I was so confused.

11:55:01 From Sandy Skylar to Everyone:

Yes. Dr Jekyll or Mr. Hyde?

11:55:05 From Helenmary Brown to Everyone:

We never knew if we would be kissed or kicked.

11:55:07 From Deah Embree to Everyone:

CONSTANTLY First, my mom, then, the ex. I was very well "trained" to walk on eggshells. Yet, once you see manipulation tactics, you can't unsee it. Now, I'm labeled trouble b/c I'm more concerned with being a God-pleaser than a people-pleaser.

11:55:09 From April Spencer to Everyone:

Replying to "I'm sad that I reali..."

I grieved the same sorrow! I cannot believe how often I told them he was this or that... and we all knew he was not what he promised.

11:55:14 From Becki Johnson to Everyone:

Reacted to "Yes. Dr Jekyll or Mr..." with ❤️

11:55:18 From Deah Embree to Everyone:

Reacted to "I'm sad that I reali..." with 😞

11:55:19 From Cathy Sharpe to Everyone:

I recognize them all being used to manipulate me

11:55:31 From Tracey Phillips to Everyone:

I caught him saying, "Mom hates Abbie's friends." Which is not true.

11:55:35 From April Spencer to Everyone:

Replying to "My. Spouse turned al..."

I am so sorry!

11:55:35 From Joy Forrest to Everyone:


Replying to "I'm sad that I reali..."

Same here

11:55:36 From Helenmary Brown to Everyone:

My children would hide in the walk-in closet at times.


11:55:41 From Deah Embree to Everyone:

Reacted to "My. Spouse turned al..." with 


11:55:43 From Sandy Skylar to Everyone:

Mine radiated negativity and anger. I could feel it emanating from him

11:55:51 From Irene McConnehey to Everyone:

Chose to move out. Then when he witnessed the 2 year old screaming in a meltdown from feeling the rejection and abandonment, told me i wasn't spanking her enough and was just letting her get away with stuff. 

11:55:55 From Deah Embree to Everyone:

Reacted to "We never knew if we ..." with 

11:55:56 From Deah Embree to Everyone:

Reacted to "Yes. Dr Jekyll or Mr..." with 

11:55:59 From Tracy Zimmerman to Everyone:

Yes Dr. Jekyll and Mr. Hide, he was nice guy to everyone including the kids but terrible to me

11:56:00 From Lacie Dickens to Everyone:

Replying to "I'm sad that I reali..."

Me too


11:56:00 From Deah Embree to Everyone:

Reacted to "Absolutely. it was a..." with 


11:56:04 From Deah Embree to Everyone:

Reacted to "daily little things ..." with 

11:56:09 From Tricia Foster to Everyone:

Reacted to "I grieved the same s..." with 

11:56:22 From Deah Embree to Everyone:

Reacted to "I grieved the same s..." with 

11:56:30 From Becki Johnson to Everyone:

Reacted to "My. Spouse turned al..." with 

11:56:40 From Becki Johnson to Everyone:

Reacted to "My children would hi..." with 🙄

11:56:47 From Becki Johnson to Everyone:

Reacted to "Mine radiated negati..." with 👍

11:56:52 From April Spencer to Everyone:

Replying to "I'm sad that I reali..."

Fault is not the guilt, the sorrow they suffered needed to be grieved and his manipulation needed to be fully recognized.

11:56:55 From Ariella L to Everyone:

Especially those in ministrydouble lives

11:57:00 From Deah Embree to Everyone:

Reacted to "Especially those in ..." with 🙌

11:57:06 From Susan Sharp to Everyone:

Reacted to "Especially those in ..." with 👍

11:57:09 From Tracy Zimmerman to Everyone:

Reacted to "What is the name of ..." with 👍

11:57:18 From Sandy Skylar to Everyone:

Yes. Mine was so nice to everyone, but he would talk badly about all of them. He hated people, but treated them soooo much better than me. it was so confusing

11:57:26 From April Spencer to Everyone:

Reacted to "Yes. Mine was so nic..." with 👍

11:57:26 From Angi Beery to Everyone:

Reacted to "Especially those in ..." with 👍

11:57:35 From Deah Embree to Everyone:

Reacted to "Yes. Mine was so nic..." with 🙌

11:57:44 From Tyne to Everyone:

Reacted to "Just wanted to say i..." with ❤️

11:57:45 From Tyne to Everyone:

Removed a ❤️ reaction from "Just wanted to say i..."

11:57:59 From Tyne to Everyone:

Reacted to "Just wanted to say i..." with ❤️

11:58:00 From Tyne to Everyone:

Removed a ❤️ reaction from "Just wanted to say i..."

11:58:06 From Deah Embree to Everyone:

Oh, the stories told...

11:58:14 From April Spencer to Everyone:

I find that abusers are kind to anyone they cannot manipulate in the hope that they will eventually manipulate them.

11:58:19 From Deah Embree to Everyone:

Reacted to "I find that abusers ..." with 💜

11:58:22 From Lacie Dickens to Everyone:

Reacted to "I find that abusers ..." with 💜

11:58:23 From Becki Johnson to Everyone:

My ex was "Mr Nice Guy" away from home, and a monster at home. Nobody would believe me when I told them what he was doing. The pastors I talked to just dismissed my concerns.

11:58:33 From Deah Embree to Everyone:

Reacted to "My ex was "Mr Nice G..." with 😞

11:58:36 From Becki Johnson to Everyone:

Reacted to "I find that abusers ..." with 💜

11:58:41 From Joy Forrest to Everyone:

Reacted to "I find that abusers ..." with 👍

11:58:46 From Becki Johnson to Everyone:

Reacted to "Yes. Mine was so nic..." with 👍

11:58:48 From Tracy Zimmerman to Everyone:

Reacted to "Yes. Mine was so nic..." with 👍

11:58:50 From Cindy Baltz-King to Everyone:

He's so fake in the courts!

11:58:59 From Deah Embree to Everyone:

Reacted to "He's so fake in the ..." with 🙄

11:59:03 From Ladonna Hafen to Everyone:

I bought the book when Dr. Debra first mentioned it. I will have to let it jump the really long line and be next on my reading list. Looking forward to it.

11:59:04 From Joy Forrest to Everyone:

Reacted to "My ex was "Mr Nice G..." with 😞

11:59:11 From Irene McConnehey to Everyone:

He had one of my cousins convinced i was the problem until she witnessed him railing on me at a function and realized it was the other way around.

11:59:13 From Deah Embree to Everyone:

Replying to "My ex was "Mr Nice G..."

same

11:59:18 From Becki Johnson to Everyone:

Reacted to "I bought the book wh..." with ❤️

11:59:19 From jane latta to Everyone:

Reacted to "My. Spouse turned al..." with 😞

11:59:21 From Deah Embree to Everyone:

Reacted to "He had one of my cou..." with 😞

11:59:39 From Becki Johnson to Everyone:

Replying to "I bought the book wh..."

Yes, so did I - I'm about 1/4 through it. Very good book.

11:59:50 From Lacie Dickens to Everyone:

Reacted to "He had one of my cou..." with 😞

12:00:03 From Ladonna Hafen to Everyone:

Reacted to Yes, so did I - I'm ... with "👍"

12:00:23 From Tracy Zimmerman to Everyone:

What the worst thing is how they were dismantling your image behind your back to everyone else the entire marriage

12:00:28 From Cathy Sharpe to Everyone:

Once he accidentally exposed who he was. He heard the front door open and he bellowed "Close the "GD" door." He thought it was one of the children but it was a close neighbor. This is one person who "almost" knew what he was really like.

12:00:32 From Deah Embree to Everyone:

Reacted to "What the worst thing..." with 🙄

12:00:40 From Becki Johnson to Everyone:

Reacted to "What the worst thing..." with 😞

12:00:54 From Deah Embree to Everyone:

Replying to "What the worst thing..."

and I was naive and clueless to the things being said until after I finally left

12:01:09 From Tracy Zimmerman to Everyone:

Replying to "What the worst thing..."

same

12:01:09 From Deah Embree to Everyone:

Reacted to "Once he accidentally e..." with 😞

12:01:19 From Deah Embree to Everyone:

Reacted to "same" with 💜

12:01:37 From Ingrid May to Everyone:

Ingrid May, Vermont sorry I am late

12:01:55 From jane latta to Everyone:

Reacted to "My ex was "Mr Nice G..." with 😞

12:01:56 From LeAnne Parsons to Everyone:

LeAnne Parsons Phoenix AZ

12:01:57 From Deah Embree to Everyone:

The equality stuff in public was nauseating!!!

12:02:05 From Tricia Foster to Everyone:

Reacted to "The equality stuff i..." with 🍀

12:02:21 From Becki Johnson to Everyone:

My ex was a salesman, very successful. At home he was negative and critical. He would point out how another man at church wasn't opening the car door for his wife. He would NEVER open a door for me, and I was struggling with diaper bags and babies and toddlers.

12:02:32 From Cindy Baltz-King to Everyone:

I think about the court case with Johnny Depp and Amber Heard.

An example of what this looks like....spot on!!

12:02:39 From Deah Embree to Everyone:

the Bare Marriage podcast recently had a great episode on complementarian/egalitarian

12:02:46 From Lacie Dickens to Everyone:

Reacted to "the Bare Marriage po..." with ❤️

12:02:53 From Deah Embree to Everyone:

Reacted to "My ex was a salesman..." with 🙌

12:03:00 From Shonquella Terrell to Everyone:

Yes

12:03:01 From Joy Forrest to Everyone:

Reacted to "the Bare Marriage po..." with 👍

12:03:30 From Tracy Zimmerman to Everyone:

I learned after that everyone "He hated" to me privately was people who were actively working with him and were actually his buddies

12:03:35 From April Spencer to Everyone:

He does not identify as an abuser...

12:03:39 From Deah Embree to Everyone:

Reacted to "I learned after that..." with 🙌

12:03:46 From Joy Forrest to Everyone:

Reacted to "He does not identify..." with 👍

12:03:46 From Deah Embree to Everyone:

Reacted to "He does not identify..." with 🙌

12:03:49 From Tracy Zimmerman to Everyone:

Reacted to "He does not identify..." with 👍

12:04:09 From Becki Johnson to Everyone:

Since the kids and I were so afraid of him, they behaved like angels in public, so he looked like the great dad whenever he took them on outings.

12:04:21 From Deah Embree to Everyone:

Reacted to "Since the kids and I..." with 🙏

12:04:24 From Cathy Sharpe to Everyone:

Replying to "My ex was a salesman..."

My story too, I would be struggling to bring the kids and all their stuff in the church doors and he would be several feet ahead of us doing his Sunday morning meet, greet, smile and hug.

12:04:37 From Deah Embree to Everyone:

Reacted to "My story too, I woul..." with 🙏

12:04:38 From April Spencer to Everyone:

I also heard statements like, "I don't discriminate, I hate everyone equally." While he abused in private and sucked up in public. The kids and I felt very confused by the dualistic nature of his personality.

12:04:49 From Allison Wessels to Everyone:

Reacted to "I learned after that..." with 🙏

12:04:53 From Becki Johnson to Everyone:

Replying to "My ex was a salesman..."

Exactly!

12:05:19 From Deah Embree to Everyone:

Reacted to "I also heard stateme..." with 🙏

12:05:27 From Becki Johnson to Everyone:

Reacted to "I also heard stateme..." with 🙏

12:05:30 From Becki Johnson to Everyone:

Reacted to "My story too, I woul..." with 🙏

12:05:52 From Becki Johnson to Everyone:

Reacted to "He does not identify..." with 👍


12:06:25 From Cathy Sharpe to Everyone:

Reacted to "Exactly!" with 👍

12:06:36 From Ariella L to Everyone:

Question - I have one woman I help who is convinced his abuse is because he is mentally ill, but he has no diagnosis and I pointed out to her he behaves one way in public and another way at home... if you are mentally ill you can't turn it on and off, correct?

12:06:49 From Deah Embree to Everyone:

Reacted to "Question - I have on..." with 

12:07:01 From Joy Forrest to Everyone:

Replying to "Question - I have on..."


Right! That's how they get us

12:07:04 From Tabitha Westbrook to Everyone:


Replying to "Question - I have on..."

Correct. If he is able to control it a given situation, he can control it in any situation.


12:07:08 From Cathy Sharpe to Everyone:

Reacted to "Since the kids and I..." with 

12:07:10 From Deah Embree to Everyone:

Reacted to "Correct. If he is ab..." with 


12:07:13 From Tricia Foster to Everyone:

Reacted to "Correct. If he is ab..." with 


12:07:16 From Ariella L to Everyone:

Reacted to "Right! That's how th..." with 

12:07:22 From Ariella L to Everyone:

Reacted to "Correct. If he is ab..." with 

12:07:26 From Deah Embree to Everyone:

Reacted to "Right! That's how th..." with 

12:07:56 From Helenmary Brown to Everyone:

QUESTION: Is there a resource that can help us learn good open-ended QUESTIONS to ask as Advocates?

12:08:05 From Deah Embree to Everyone:

Reacted to "QUESTION: Is there ..." with 

12:08:29 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: Is there ..."

Motivational interviewing skills can really help *We teach these in course #5.*

12:08:37 From Deah Embree to Everyone:

It took SO LONG to recognize the abuse. Looking back, the red flags were there from the beginning

12:08:48 From Tricia Foster to Everyone:

My kids started calling it "blowing smoke"...words with no intent to follow through

12:08:50 From April Spencer to Everyone:

Reacted to "Motivational intervi..." with ❤️

12:09:03 From Deah Embree to Everyone:

Reacted to "Motivational intervi..." with ❤️

12:09:08 From Cathy Sharpe to Everyone:

Reacted to "It took SO LONG to r..." with 👍

12:09:13 From Dr. Jessica Evans to Everyone:

Replying to "It took SO LONG to r..."

It can be so subtle and builds...it is very hard to see while in it. People don't understand this.

12:09:14 From Tricia Foster to Everyone:

Reacted to "It took SO LONG to r..." with 🍀

12:09:23 From Deah Embree to Everyone:

Reacted to "It can be so subtle ..." with 🙌

12:09:25 From Becki Johnson to Everyone:

My ex would not be held accountable by anyone because he was so arrogant in his self-image there was nobody he had any respect for. In his view, nobody "walked the walk" enough for him to respect their opinion about anything. So there was nobody I could turn to that could call him out. He believed he was better than all of them.

12:09:37 From Cathy Sharpe to Everyone:

Reacted to "It can be so subtle ..." with 👍

12:09:38 From Deah Embree to Everyone:

Reacted to "My ex would not be h..." with 🙌

12:09:43 From Helenmary Brown to Everyone:

Reacted to "Right! That's how..." with 👍

12:09:50 From April Spencer to Everyone:

Reacted to "My ex would not be h..." with 🙌

12:09:51 From Kendra Thurman to Everyone:

Replying to "QUESTION: Is there ..."

@Helenmary Brown - We will spend a lot of time on this in an upcoming course.

12:09:59 From Deah Embree to Everyone:

Reacted to "@Helenmary Brown - ..." with 💜

12:10:03 From Joy Forrest to Everyone:

Reacted to "It took SO LONG to r..." with 👍

12:10:10 From Cindy Baltz-King to Everyone:

AMEN!!

12:10:12 From sylvia gelderman to Everyone:

My husband has been out of the home for 3 years and yet his co-workers have no clue. He acts like everything is normal.

12:10:14 From Dr. Jessica Evans to Everyone:

<https://safeandtogetherinstitute.com/the-sti-model/model-overview/>

12:10:15 From jane latta to Everyone:

Reacted to "Right! That's how th..." with 👍

12:10:21 From Deah Embree to Everyone:

Reacted to "My husband has been ..." with 😞

12:10:26 From jane latta to Everyone:

Reacted to "It took SO LONG to r..." with 👍


12:10:41 From jane latta to Everyone:

Reacted to "It can be so subtle ..." with 👍

12:10:42 From Kendra Thurman to Everyone:

Remember to take good care of yourself - if you are feeling triggered, take some time to step away, take deep breaths, stretch, etc. You can come back and watch the recording.

12:10:53 From Deah Embree to Everyone:

Reacted to "Remember to take goo..." with 

12:11:12 From Ingrid May to Everyone:

Replying to "<https://safeandtoget...>"

Thank you! I was just wondering about this model

12:11:27 From Devapriya R to Everyone:

Hello from Devapriya from CA

12:11:48 From Kendra Thurman to Everyone:

Woe to you, teachers of the law
and Pharisees, you hypocrites! You
clean the outside of the cup and
dish, but inside they are full of
greed and self-indulgence. Blind
Pharisee! First clean the inside of
the cup and dish, and then the
outside also will be clean.

“Woe to you, teachers of the law
and Pharisees, you hypocrites! You
are like whitewashed tombs, which
look beautiful on the outside but
on the inside are full of the bones
of the dead and everything
unclean. 28 In the same way, on
the outside you appear to people
as righteous but on the inside
you are full of hypocrisy and
wickedness. (Matthew 23:25-28)

12:12:01 From Dr. Jessica Evans to Everyone:

Reacted to "Woe to you, teachers..." with ❤️

12:12:05 From Deah Embree to Everyone:

Reacted to "Woe to you, teachers..." with 🙏

12:12:13 From Dr. Jessica Evans to Everyone:

Reacted to "Thank you! I was ju..." with 👍

12:12:23 From Tracy Zimmerman to Everyone:

kids grow up seeing "nice guy" and think mom is the problem because she did not get that his "put downs" were just funny jokes. They say moms looks as her being mean to him

12:12:31 From sylvia gelderman to Everyone:

Reacted to My husband has been ... with "😞"

12:12:34 From sylvia gelderman to Everyone:

Removed a 😞 reaction from "My husband has been ..."

12:12:35 From Dr. Jessica Evans to Everyone:

Replying to "<https://safeandtoget...>"

We will cover it in detail in our nexts course too, just giving you a preview.

12:12:42 From Deah Embree to Everyone:

Reacted to "kids grow up seeing ..." with 🙏

12:12:47 From Henry Esqueda to Everyone:

Matthew 23:25-28-I would not want to be on the other end of that comment. Such strong words coming from Jesus.

12:12:49 From Deah Embree to Everyone:

Reacted to "<https://safeandtoget...>" with 💜

12:12:53 From Helenmary Brown to Everyone:

Great analogy Tabitha about the white-washed tombs that are full of death, in seeing those in New Orleans. Thank you!

12:12:57 From Tricia Foster to Everyone:

Reacted to "Matthew 23:25-28-I w..." with 👍

12:12:59 From Deah Embree to Everyone:

Reacted to "Matthew 23:25-28-I w..." with 🙏

12:12:59 From Kendra Thurman to Everyone:

The Lord detests people with crooked hearts, but he delights in those with integrity. (Proverbs 11:20 NLT)

12:13:06 From Deah Embree to Everyone:

Reacted to "Great analogy Tabith..." with 🙌

12:13:12 From Deah Embree to Everyone:

Reacted to "The Lord detests peo..." with 💜

12:13:12 From Helenmary Brown to Everyone:

Reacted to "Matthew 23:25-28-I..." with 👍

12:13:17 From Kendra Thurman to Everyone:

Watch out for false prophets. They come to you in sheep's clothing, but inwardly they are ferocious wolves. (Matthew 7:15)

12:13:35 From Helenmary Brown to Everyone:

Reacted to "Watch out for fals..." with 👍

12:13:35 From Joy Forrest to Everyone:

Reacted to "Matthew 23:25-28-I w..." with 👍

12:13:43 From Kendra Thurman to Everyone:

And no wonder, for Satan himself masquerades as an angel of light. (2 Corinthians 11:14)

12:13:51 From Deah Embree to Everyone:

Reacted to "And no wonder, for S..." with 💜

12:13:55 From Deah Embree to Everyone:

Reacted to "Watch out for false ..." with 💜

12:14:13 From Helenmary Brown to Everyone:

Reacted to "@Helenmary Brown ..." with ❤️

12:14:17 From Tabitha Westbrook to Everyone:

Reacted to "Great analogy Tabith..." with ❤️

12:14:22 From Kendra Thurman to Everyone:

Replying to "Watch out for false ..."

Tabi to church leaders:

"This is how they wolf-out at home."

12:14:29 From Deah Embree to Everyone:

Reacted to "Tabi to church leade..." with 💜

12:14:40 From Irene McConnehey to Everyone:

Im in a healthy marriage now, and i am only really beginning to come to terms with the fact that he really treated me awful intentionally. I wanted to excuse his behaviors because of his childhood trauma etc and his moments of 'kindness' that i longed to see more of. But he also would tell his friends " i know i treat my wife like shit." or "why does everyone keep asking me if im ready to die? I know im going to hell. so what?" 🤪 Now that im in a safe space, i can really see and let myself acknowledge how bad it really was.

12:14:46 From Angi Beery to Everyone:

Reacted to "Tabi to church leade..." with 💜

12:14:52 From Deah Embree to Everyone:

Reacted to "Im in a healthy marr..." with 🙌

12:15:10 From Ariella L to Everyone:

Jimmy Hinton's book and podcast are very good

12:15:15 From Helenmary Brown to Everyone:

Replying to "QUESTION: Is ther..."

Thank you! Will look forward to that.

12:15:16 From Dr. Jessica Evans to Everyone:

Reacted to "Im in a healthy marr..." with 🙌

12:15:23 From Dr. Jessica Evans to Everyone:

Reacted to "Thank you! Will loo..." with ❤️

12:15:24 From Joy Forrest to Everyone:

Reacted to "Jimmy Hinton's book ..." with ❤️

12:15:40 From Cathy Sharpe to Everyone:

Wolves dressed as sheep are so good at using that sheepskin to pull the wool over people's eyes

12:15:46 From Deah Embree to Everyone:

Reacted to "Wolves dressed as sh..." with 🙏

12:15:52 From Susan Sharp to Everyone:

Reacted to "Wolves dressed as sh..." with ❤️

12:16:14 From Helenmary Brown to Everyone:

Jimmy Hinton and his siblings didn't even understand why their parents had divorced after about 40 years of marriage. They had NO CLUE of their Father's true character.

12:16:23 From Deah Embree to Everyone:

Reacted to "Jimmy Hinton and his..." with 😞

12:17:23 From Shonquella Terrell to Everyone:

Thank you:)

12:17:27 From Deah Embree to Everyone:

Thanks, Tabitha =)

12:17:32 From Joy Forrest to Everyone:

Reacted to "Jimmy Hinton and his..." with 👍

12:17:37 From Tabitha Westbrook to Everyone:

Replying to "Thanks, Tabitha =)"

My pleasure!

12:17:42 From Shonquella Terrell to Everyone:

Reacted to "Watch out for fals..." with 💜

12:17:44 From Becky Sewell to Everyone:

Thank you Tabi! What a beautiful grounding experience.

12:17:47 From Angi Beery to Everyone:

Reacted to "Wolves dressed as sh..." with 🏆

12:17:47 From Shelle Mossman to Everyone:

Thank you. I needed that!

12:17:50 From Tabitha Westbrook to Everyone:

Reacted to "Thank you Tabi! What..." with ❤️

12:17:52 From Deah Embree to Everyone:

Reacted to "Thank you Tabi! What..." with 💜

12:17:54 From Tabitha Westbrook to Everyone:

Reacted to "Thank you. I needed ..." with ❤️

12:17:55 From Deah Embree to Everyone:

Reacted to "Thank you. I needed ..." with 🙌

12:17:58 From Kendra Thurman to Everyone:

Reacted to "Thank you Tabi! What..." with 💜

12:18:03 From Becki Johnson to Everyone:

Reacted to "Im in a healthy marr..." with 🌸

12:19:28 From Ariella L to Everyone:

yes! He would say if i made him angry he was tempted to use porn so i better not make him angry- I told him nonsense...

12:19:29 From Dr. Jessica Evans to Everyone:

Abusers taunt and poke and then make excuses

12:19:35 From Tricia Foster to Everyone:

Reacted to "Abusers taunt and po..." with 👍

12:20:35 From Deah Embree to Everyone:

Reacted to "yes! He would say if..." with 😡

12:20:39 From April Spencer to Everyone:

Abusers can recognize excuses others make. They often become infuriated by a lack of accountability in others, but will not recognize the same failure in themselves. I think they know, but to admit would shatter their self-image.

12:20:43 From Deah Embree to Everyone:

Reacted to "Abusers taunt and po..." with 🙌

12:20:43 From Tabitha Westbrook to Everyone:

Replying to "Abusers taunt and po..."

And then when you react finally they call you the problem. It's absolute poppycock.

12:20:49 From Dr. Jessica Evans to Everyone:

Reacted to "Abusers can recogniz..." with 🙌

12:20:49 From Deah Embree to Everyone:

Reacted to "And then when you re..." with 🙌

12:20:52 From nicole toyne to Everyone:

This part makes me angry at those memories. All those blaming words.

12:20:54 From Lacie Dickens to Everyone:

Reacted to "Abusers can recogniz..." with 🙌

12:20:59 From Becki Johnson to Everyone:

They have a plethora of excuses for their behavior, but we walk on eggshells because there are no excuses for us not being "perfect" - even though he's going to shift the goalposts constantly so we can never get it right.

12:21:04 From Dr. Jessica Evans to Everyone:

Reacted to "This part makes me a..." with 🙌

12:21:08 From Becki Johnson to Everyone:

Reacted to "Abusers can recogniz..." with 🙌

12:21:12 From Irene McConnehey to Everyone:

Reacted to "Abusers taunt and po..." with 🙌

12:21:17 From Becki Johnson to Everyone:

Reacted to "And then when you re..." with 🙌

12:21:20 From Deah Embree to Everyone:

Reacted to "This part makes me a..." with 🙌

12:21:25 From April Spencer to Everyone:

Reacted to "This part makes me a..." with 🙌

12:21:30 From Deah Embree to Everyone:

Reacted to "Abusers can recogniz..." with 🙌

12:21:33 From Irene McConnehey to Everyone:

Reacted to "They have a plethora..." with 🙌

12:21:36 From Deah Embree to Everyone:

Reacted to "They have a plethora..." with 🙌

12:22:04 From Cathy Sharpe to Everyone:

Reacted to "They have a plethora..." with 👍

12:22:14 From Dr. Jessica Evans to Everyone:

If he has a conscience about behavior outside the family...at work or out in public, why is it different at home? (Entitlement)

12:22:25 From Deah Embree to Everyone:

Reacted to "If he has a conscien..." with 💜

12:22:36 From Ariella L to Everyone:

Reacted to "If he has a conscien..." with 👍

12:22:54 From Dr. Jessica Evans to Everyone:

Good point Tabi!

12:22:58 From Dr. Jessica Evans to Everyone:

My sister works for one of these

12:23:07 From Deah Embree to Everyone:

Reacted to "My sister works for ..." with 😞

12:23:11 From Deah Embree to Everyone:

Reacted to "Good point Tabi!" with 🙌

12:23:18 From Helenmary Brown to Everyone:

Reacted to "LeAnne Parsons Pho..." with ❤️

12:23:19 From Lynn Loscar to Everyone:

my best friend just called - based on the Drs' input- her husband, my husband's best friend is not coming out of his coma, he's turning septic-it's time to say goodbye-hard call- pray I can be the right kind of supportive for all involved

12:23:34 From Helenmary Brown to Everyone:

Reacted to "My sister works fo..." with 😞

12:23:39 From Dr. Jessica Evans to Everyone:

Reacted to "my best friend just ..." with 🙏

12:23:47 From Joy Forrest to Everyone:

Replying to "my best friend just ..."



12:24:05 From Deah Embree to Everyone:

Reacted to "my best friend just ..." with ❤️

12:24:15 From Deah Embree to Everyone:

Proverbs is awesome

12:24:39 From Kendra Thurman to Everyone:

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy. (Proverbs 28:13)

12:24:44 From Deah Embree to Everyone:

Reacted to "Whoever conceals the..." with ❤️

12:25:04 From jane latta to Everyone:

Removed a 👍 reaction from "It took SO LONG to r..."

12:25:08 From jane latta to Everyone:

Reacted to "It took SO LONG to r..." with 👍

12:25:20 From Kendra Thurman to Everyone:

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say we have not sinned, we make him a liar, and his word is not in us. (1 John 1:9-10)

12:25:25 From Deah Embree to Everyone:

Reacted to "If we confess our si..." with ❤️

12:25:39 From jane latta to Everyone:

Reacted to "@Hellenmary Brown - ..." with ❤️

12:25:48 From Tabitha Westbrook to Everyone:

Replying to "my best friend just ..."

Praying

12:25:56 From Lacie Dickens to Everyone:

Or they confess vaguely

12:26:03 From Tyne to Everyone:

Reacted to "my best friend just ..." with 🧑🏻

12:26:08 From Tabitha Westbrook to Everyone:

Replying to "Or they confess vagu..."

Right! Confession is SPECIFIC.

12:26:09 From Kendra Thurman to Everyone:

Wouldn't it be fun if their pants *actually* did catch on fire? 🔥😂

12:26:15 From April Spencer to Everyone:

My ex went nuts on our staff, our family, and our friends when someone asked him that... it was like a "hold my beer" challenge. When he was told he could control the abuse, he worked really hard to be a loose cannon for a while to convince everyone that he could not. It was brutal and heartbreaking to see his wrath. Employees quit and would file harassment suits, he was arrested for harassment outside our home several times. He reasoned everything away. Eventually he went to Chris Mole's program, it wasn't good enough for him, he went to a narcissistic program in Washington State, he decided I was the one dealing with that, then he was diagnosed with intermittent explosive disorder. So, accountability was so hard for him to take, he blew up... and found another excuse that fit the public perception of his anger, but did not recognize the CCV that was happening in our home. He never dealt with that.

12:26:28 From Irene McConnehey to Everyone:

Reacted to "Wouldn't it be fun i..." with 😏

12:26:28 From Dr. Jessica Evans to Everyone:

Reacted to "Wouldn't it be fun i..." with 😏

12:26:30 From Jenelle Chadwick to Everyone:

Replying to "my best friend just ..."



12:26:34 From Ingrid May to Everyone:

Reacted to "my best friend just ..." with 🧑🏻

12:26:38 From Helenmary Brown to Everyone:


My ex went to owning his own company and I was CEO--it was AWFUL. I came to say that CEO stood for "Chief Envelope Opener." He gave responsibility, but NO real authority. Was dishonest, etc. I just couldn't stand it very long--his starting his own company was the last straw for us.

12:26:42 From Christi Douglas to Everyone:


Replying to "Or they confess vagu..."

Yes! Often to get people off their back and avoid true accountability, but missing the blessing of having been forgiven.


12:26:49 From Kendra Thurman to Everyone:

Reacted to "Or they confess vagu..." with 

12:26:51 From Lacie Dickens to Everyone:

Reacted to "Yes! Often to get pe..." with 


12:26:55 From Joy Forrest to Everyone:

Reacted to "Wouldn't it be fun i..." with 

12:27:01 From April Spencer to Everyone:

Reacted to "my best friend just ..." with 


12:27:12 From Joy Forrest to Everyone:

Reacted to "My ex went nuts on o..." with 

12:27:16 From Tricia Foster to Everyone:

Reacted to "Right! Confession is..." with 

12:27:23 From Deah Embree to Everyone:

Reacted to "Wouldn't it be fun i..." with 

12:27:38 From Tabitha Westbrook to Everyone:

Replying to "Wouldn't it be fun i..."


I mean... That would be interesting!

12:27:38 From Lacie Dickens to Everyone:

Replying to "Or they confess vagu..."

My ex confessed to having a small anger problem.


12:27:46 From Tricia Foster to Everyone:

Reacted to "Wouldn't it be fun i..." with 

12:27:49 From Becki Johnson to Everyone:

Reacted to "my best friend just ..." with 

12:27:56 From Kendra Thurman to Everyone:

Reacted to "I mean... That would b..." with 

12:28:01 From Shelle Mossman to Everyone:

or he says the right words, but actions don't change

12:28:07 From Deah Embree to Everyone:

Reacted to "My ex went nuts on o..." with 🙄

12:28:25 From Judy Brown to Everyone:

Mine would say "Well, I'm a sinner... but...."

12:28:31 From Deah Embree to Everyone:

Reacted to "Or they confess vagu..." with 💜

12:28:37 From nicole toyne to Everyone:

It seems because most churches don't even point out the harm or sin he is causing the wife. Because they make it a marriage issue.

12:28:39 From Becki Johnson to Everyone:

They always minimize what they did, and blow up whatever anyone else did reacting to the abuse.

12:28:44 From Deah Embree to Everyone:

Reacted to "or he says the right..." with 🙄

12:28:47 From Deah Embree to Everyone:

Reacted to "Mine would say "Wel..." with 🙄

12:28:48 From Becki Johnson to Everyone:

Reacted to "It seems because mos..." with 👍

12:28:50 From April Spencer to Everyone:

Reacted to "It seems because mos..." with 👍

12:28:54 From Helenmary Brown to Everyone:

They are very vague and EVASIVE in communication. My ex had a default statement that he would always come back with if I pointed out an obvious and serious concern: "Well, a comet could fall out of the sky!" No real engaging or evaluating reality.

12:28:55 From Deah Embree to Everyone:

Reacted to "It seems because mos..." with 🙄

12:29:00 From Deah Embree to Everyone:

Reacted to "They always minimize..." with 🙄

12:29:11 From Irene McConnehey to Everyone:

Reacted to "They always minimize..." with 👍

12:29:15 From Irene McConnehey to Everyone:

Reacted to "It seems because mos..." with 👍

12:29:18 From Joy Forrest to Everyone:

Reacted to "They are very vague ..." with 👍

12:29:22 From KAMILLA to Everyone:

Evan Stark – "Children of Coercive Control" <https://a.co/d/jdric43>

12:29:26 From Kendra Thurman to Everyone:

The book, "When Home Hurts," has a great chart in the back that shows the *actions* (that match the words) when someone goes from oppressive to repentant.

12:29:32 From Dr. Jessica Evans to Everyone:

Mandel and Stark both talk about the need for Family court and CPS to hold the abuser accountable for their patterns of behavior. Use the timeline to describe behavior.

12:29:36 From Tabitha Westbrook to Everyone:

Replying to "The book, "When Home..."

Excellent book for usre

12:29:38 From Tabitha Westbrook to Everyone:

Replying to "The book, "When Home..."

Sre

12:29:39 From Tabitha Westbrook to Everyone:

Replying to "The book, "When Home..."

sure

12:29:44 From Tabitha Westbrook to Everyone:

Replying to "The book, "When Home..."

Good Lord. Need more coffee.

12:29:48 From Helenmary Brown to Everyone:

Reacted to "If he has a consci..." with 👍

12:29:50 From sylvia gelderman to Everyone:

Reacted to The book, "When Home... with " 👍 "

12:29:50 From April Spencer to Everyone:

Replying to "Mandel and Stark bot..."

The timeline is crucial for protective orders!

12:29:54 From Helenmary Brown to Everyone:

Reacted to "They have a pletho..." with 👍

12:29:57 From Cathy Sharpe to Everyone:

They have a special power that pulls pity out of others

12:30:05 From Shelly Blankenship to Everyone:

QUESTION: Diane Langberg talks about self-deception complicating understanding abusers. Do you think that when abusers "confess" in tears before the church or whatever, that they really do think they're confessing? Do you think they would be confused by someone saying it wasn't true confession?

12:30:05 From Irene McConnehey to Everyone:

Reacted to "Good Lord. Need more..." with 😞

12:30:14 From Deah Embree to Everyone:

Reacted to "Good Lord. Need more..." with 😞

12:30:23 From nicole toyne to Everyone:

This is 1 reason I am leaving my current church. They ignore the issue. 6 marriages fell apart because they blamed the woman and didn't know how to or not want to help the woman, only the marriage.

12:30:24 From Kendra Thurman to Everyone:

Replying to "The book, "When Home..."

<https://www.amazon.com/When-Home-Hurts-Responding-Domestic/dp/1527107221>

12:30:41 From Kendra Thurman to Everyone:

Reacted to "Good Lord. Need more..." with 😞

12:30:48 From Teri- Advocate to Everyone:

Replying to "The book, "When Home..."

@Tabitha Westbrook oh me too

12:30:57 From Tabitha Westbrook to Everyone:

Replying to "QUESTION: Diane Lan..."

Maybe, but if they're humble they'll accept correction and the deeper invitation to real confession.

12:31:08 From April Spencer to Everyone:

Replying to "QUESTION: Diane Lan..."

This is hard. I say confession is always followed by repentance... a turning away of sin.

12:31:29 From nicole toyne to Everyone:

Yes he is distorted.

12:31:31 From Deah Embree to Everyone:

Reacted to "They have a special ..." with 🙏

12:31:31 From Shelly Blankenship to Everyone:

Reacted to "Maybe, but if they'r..." with 👍

12:31:34 From Tricia Foster to Everyone:

Reacted to "Good Lord. Need more..." with 🙏

12:31:39 From Deah Embree to Everyone:

Reacted to "This is 1 reason I a..." with 😞

12:31:43 From Kendra Thurman to Everyone:

Reacted to "This is 1 reason I a..." with 😞

12:31:44 From nicole toyne to Everyone:

Oh sorry, "his perceptions".

12:31:45 From Deah Embree to Everyone:

Reacted to "The book, "When Home..." with 💜

12:31:47 From Joy Forrest to Everyone:

Reacted to "or he says the right..." with 👍

12:31:53 From Shelly Blankenship to Everyone:

Reacted to "This is hard. I say ..." with 👍

12:31:56 From jane latta to Everyone:

Reacted to "My ex went nuts on o..." with 😞

12:32:07 From Deah Embree to Everyone:

Reacted to "Maybe, but if they'r..." with 🙏

12:32:11 From Brandon Eberl to Everyone:

OR feel the need to defend himself from (her) TRUTH!!

12:32:13 From Deah Embree to Everyone:

Reacted to "This is hard. I say ..." with 🙏

12:32:15 From Joy Forrest to Everyone:

Replying to "Mine would say "Wel..."

Yes! Sounds almost humble, but it's an excuse

12:32:16 From jane latta to Everyone:

Reacted to "my best friend just ..." with 🙏

12:32:27 From Joy Forrest to Everyone:

Reacted to "It seems because mos..." with 👍

12:32:36 From Tracy Zimmerman to Everyone:

Replying to "QUESTION: Diane Lan..."

DENIAL : Court systems take his lies as the truth too. They should make them sign in writing if he says he does not have an account that the women brought the bank account number to court rather than believe his denial

12:32:42 From Joy Forrest to Everyone:

Reacted to "They always minimize..." with 👍

12:32:46 From Kendra Thurman to Everyone:

DARVO:

Deny

Attack

Reverse

Victim &

Offender

12:32:47 From April Spencer to Everyone:

Replying to "Mine would say "Wel..."

yes, we are sinners, but we are not abusing others....

12:32:48 From Deah Embree to Everyone:

Reacted to "DENIAL : Court syste..." with 🙌

12:33:01 From Deah Embree to Everyone:

Reacted to "yes, we are sinners,..." with 🙌

12:33:21 From April Spencer to Everyone:

Reacted to "OR feel the need to ..." with 👍

12:33:23 From Joy Forrest to Everyone:

Reacted to "This is 1 reason I a..." with 😬

12:33:33 From Joy Forrest to Everyone:

Reacted to "The book, "When Home..." with 👍

12:33:38 From jane latta to Everyone:

Reacted to "Right! Confession is..." with 👍

12:33:39 From Cathy Sharpe to Everyone:

Reacted to "DENIAL : Court syste..." with 👍

12:33:45 From Jenelle Chadwick to Everyone:

Oh, me too, @Dr. Jessica Evans

12:33:46 From Deah Embree to Everyone:

Very true, Jessica!!!!

12:33:51 From Deah Embree to Everyone:

Reacted to "Oh, me too, @Dr. Jes..." with 🙌

12:34:02 From Shelle Mossman to Everyone:

my ex blamed sexual abuse accusations on oldest son, then youngest son (the one making the accusation) is mentally ill, now youngest is just a liar

12:34:13 From Helenmary Brown to Everyone:

We truly get conditioned Jessica--that's a good point. The confusion is so distorting and disabling to truly see reality.

12:34:36 From Deah Embree to Everyone:

Replying to "Very true, Jessica!!..."

When you finally say enough, everyone is confused b/c we gaslit ourselves and them!

12:34:37 From Brandon Eberl to Everyone:

QUESTION - Can this also happen with (adult) children who have been so "brainwashed" by his manipulation that they deny any abuse and further alienate their mother??

Answered during class- Yes.

12:34:45 From Deah Embree to Everyone:

Reacted to "my ex blamed sexual ..." with 🙄

12:34:48 From Helenmary Brown to Everyone:

Reacted to "my ex blamed sexua..." with 🙄

12:34:51 From Deah Embree to Everyone:

Reacted to "We truly get conditi..." with 🙄

12:34:54 From Cathy Sharpe to Everyone:

Reacted to "yes, we are sinners,..." with 👍

12:35:03 From Jenelle Chadwick to Everyone:

Yes, Brandon. That is a fairly common reality.

12:35:07 From Tricia Foster to Everyone:

Replying to "QUESTION - Can this ..."

they definitely can pickup on the behaviors

12:35:33 From Christi Douglas to Everyone:

QUESTION: What are some good questions to ask a victim when she's constantly blaming herself to help her self reflect and see the truth about her abuser?

12:35:37 From Lynn Loscar to Everyone:

the gift that keeps on giving

12:35:51 From Teri- Advocate to Everyone:

Marriage counseling can be so problematic in this situation, especially in churches that use the Peacemaker models...both parties are required to make a list of the "log" in their own eyes, abusers use this list to blame wife

12:35:57 From Deah Embree to Everyone:

Reacted to "Marriage counseling ..." with 🙄

12:36:14 From Becki Johnson to Everyone:

After a major abusive incident, I would have multiple sleepless nights. It caused brain fog. And over the course of a couple of weeks, in order to continue to function, my own brain would minimize what he had done. He was acting like nothing had happened, and my mind began to conform to that narrative. How could I stay in the situation (although I had no way to escape) if he had really done what he did? So my mind convinced me that it wasn't really that bad.

12:36:29 From Becki Johnson to Everyone:

Reacted to "Marriage counseling ..." with 🙄

12:37:15 From Beth Burke to Everyone:

Reacted to "After a major abusiv..." with 😞

12:37:17 From Tricia Foster to Everyone:

Replying to "After a major abusiv..."

dissociate

12:37:38 From jane latta to Everyone:

Reacted to "Maybe, but if they'r..." with 👍

12:37:39 From Deah Embree to Everyone:

They gaslight themselves after a while

12:37:45 From Tabitha Westbrook to Everyone:

Replying to "Marriage counseling ..."

Agree. It's not an even playing field.

12:37:51 From Lynn Loscar to Everyone:

seared conscience

12:37:54 From Helenmary Brown to Everyone:

My ex would often FALL TO HIS KNEES to confess or apologize. He did this over many years-- when he pulled this in front of a SKILLED COUNSELOR, they called him out immediately. "THAT IS MANIPULATION. GET UP. I SEE WHAT YOU'RE DOING--IT WON'T WORK HERE." I was AMAZED at the clarity of the counselor, for over the years EVERY TIME HE FELL TO HIS KNEES and SWORE to do something--HE NEVER KEPT ANY OF THOSE PROMISES.

12:38:03 From Helenmary Brown to Everyone:

Reacted to "QUESTION - Can thi..." with 😞

12:38:12 From Helenmary Brown to Everyone:

Reacted to "Marriage counselin..." with 👍

12:38:15 From Deah Embree to Everyone:

Reacted to "My ex would often FA..." with 🙌

12:38:15 From Beth Burke to Everyone:

Replying to "After a major abusiv..."

Becki, This is so hard because it reminds me of things i have tried not to think about

12:38:19 From Irene McConnehey to Everyone:

Reacted to "My ex would often FA..." with 🙌

12:38:23 From Becki Johnson to Everyone:

Reacted to "Becki, This is so ha..." with ❤️

12:38:27 From Tricia Foster to Everyone:

Reacted to "Becki, This is so ha..." with 🌸

12:38:33 From Tabitha Westbrook to Everyone:

Replying to "QUESTION: What are s..."

1. Describe his behavior. 2. Help me understand how that behavior is controlling and abusive.

12:38:40 From Helenmary Brown to Everyone:

Reacted to "DARVO:

Deny

Attack..." with 👍

12:38:45 From Deah Embree to Everyone:

Reacted to "Becki, This is so ha..." with 🌸

12:38:56 From Helenmary Brown to Everyone:

Reacted to "QUESTION: What are..." with 👍

12:39:17 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: What are s..."

Tabi: "Who has the power? What happens if you disagree with him on....?"

12:39:24 From Kendra Thurman to Everyone:

"What happens when you tell him No?"

12:39:29 From Deah Embree to Everyone:

Reacted to "Tabi: "Who has the p..." with 🙌

12:39:34 From Deah Embree to Everyone:

Reacted to ""What happens when y..." with 🙌

12:39:49 From Dr. Jessica Evans to Everyone:

Reacted to ""What happens when y..." with 👍

12:40:03 From Becki Johnson to Everyone:

Reacted to ""What happens when y..." with 👍

12:40:05 From Joy Forrest to Everyone:

Reacted to ""What happens when y..." with 👍

12:40:35 From Kendra Thurman to Everyone:

Like a madman who throws
firebrands, arrows, and death
is the man who deceives his
neighbor and says, "I am only
joking!" (Proverbs 26:18-19)

12:40:41 From Deah Embree to Everyone:

Reacted to "Like a madman who th..." with 💜

12:40:50 From Tabitha Westbrook to Everyone:

Reacted to "My ex would often FA..." with ❤️

12:41:15 From April Spencer to Everyone:

Replying to "QUESTION: What are s..."

How do you prevent what is happening between you?

12:41:29 From Helenmary Brown to Everyone:

Reacted to ""What happens when..." with 👍

12:41:34 From Helenmary Brown to Everyone:

Reacted to "Like a madman who ..." with ❤️

12:41:42 From Amanda Clayborn to Everyone:

I heard the stories he would tell about me so many times I started to question the horrible things he was saying to myself.

12:41:52 From Deah Embree to Everyone:

Reacted to "I heard the stories ..." with ❤️

12:41:55 From Christi Douglas to Everyone:

Reacted to "1. Describe his beha..." with 👍

12:41:55 From Joy Forrest to Everyone:

Replying to "QUESTION: What are s..."

@April Spencer **The problem is it's not between— it's what is being done to her**

12:42:02 From Christi Douglas to Everyone:

Reacted to "Tabi: "Who has the p..." with 👍

12:42:06 From Helenmary Brown to Everyone:

Reacted to "Tabi: "Who has th..." with 👍

12:42:10 From Christi Douglas to Everyone:

Reacted to "How do you prevent w..." with 👍

12:42:12 From Helenmary Brown to Everyone:

Reacted to "1. Describe his be..." with 👍

12:42:13 From April Spencer to Everyone:

Replying to "QUESTION: What are s..."

@Joy Forrest better wording for sure.

12:42:26 From Helenmary Brown to Everyone:

Removed a 👍 from "DARVO:

Deny

Attack..."

12:42:26 From Becki Johnson to Everyone:

Of course they tell you that you weren't paying attention to what you were saying, they do that all the time. They say things and then "don't remember" ever saying it


12:42:40 From Christi Douglas to Everyone:

Reacted to "@Joy Forrest better ..." with 👍

12:42:52 From Kendra Thurman to Everyone:

Reacted to "@April Spencer The p..." with 

12:42:59 From Dr. Jessica Evans to Everyone:

Reacted to "Of course they tell ..." with 

12:43:16 From Tabitha Westbrook to Everyone:

Replying to "Of course they tell ..."

Gosh, perhaps a medical screeding is in order if they constantly forget...

12:43:27 From Becki Johnson to Everyone:

Reacted to "Gosh, perhaps a medi..." with 

12:43:32 From Keri Drowatzky to Everyone:

Good movie by the way. Now when I watch it, I've started recognizing the behavioral patterns of the husband.

12:43:37 From Susan Sharp to Everyone:

Reacted to "Gosh, perhaps a medi..." with 

12:43:38 From jane latta to Everyone:

Reacted to "Gosh, perhaps a medi..." with 

12:43:45 From Joy Forrest to Everyone:

Reacted to "Good movie by the wa..." with 

12:43:58 From Cathy Sharpe to Everyone:

Replying to "QUESTION: Diane Lan..."

this question made me think of Matthew 6:22-23

12:44:11 From Dr. Jessica Evans to Everyone:


Replying to "Good movie by the wa..."

For those that don't know, you're talking about Gaslight from the 40s right?

12:44:12 From Deah Embree to Everyone:

I started to text questions so I would have the answers in writing. He STILL denied and made excuses, but I was finally able to see truth in black and white.

12:44:31 From Dr. Jessica Evans to Everyone:

Reacted to "I started to text qu..." with 

12:44:37 From Amanda Clayborn to Everyone:

Reacted to "I started to text qu..." with ❤️

12:44:55 From Joy Forrest to Everyone:

Reacted to "I started to text qu..." with 👍

12:45:08 From Dr. Jessica Evans to Everyone:

Having someone believe you and validate your experience (not deny it) is so healing.

12:45:12 From nicole toyne to Everyone:

How do we share the truth to a pastor when the husband blames, she is in menopause, she is crazy, when we really just wanted to be heard?

12:45:14 From Helenmary Brown to Everyone:

CHRIS MOLES says when a man comes to him and says "She's crazy, she's mental. . ." that is now a RED FLAG to HIM about the man.

12:45:16 From Deah Embree to Everyone:

Reacted to "Having someone belie..." with 🙌

12:45:23 From Deah Embree to Everyone:

Reacted to "How do we share the ..." with 😞

12:45:29 From Deah Embree to Everyone:

Reacted to "CHRIS MOLES says whe..." with 🙌

12:45:37 From Joy Forrest to Everyone:

Reacted to "CHRIS MOLES says whe..." with 👍

12:45:48 From Dr. Jessica Evans to Everyone:

Reacted to "CHRIS MOLES says whe..." with ❤️

12:45:53 From April Spencer to Everyone:

I advise often that women stop communicating when he is abusing in any form. She needs to focus on what has happened and less about what to do about it. Get safe, rest in some peace, and set boundaries for space to care for herself.

12:45:56 From Tina Roy to Everyone:

Reacted to "Whoever conceals the..." with 💜

12:45:57 From Lacie Dickens to Everyone:

For years I thought I was losing my memory. He would recount decisions and conversations that we had and I recalled them differently.

12:46:01 From Joy Forrest to Everyone:

Replying to "How do we share the ..."

If we educate them about this dynamic of abuse, it can help.

12:46:06 From Lacie Dickens to Everyone:

Reacted to "I advise often that ..." with 👍

12:46:09 From Tyne to Everyone:

Reacted to "For years I thought ..." with ❤️

12:46:11 From Tyne to Everyone:

Removed a ❤️ reaction from "For years I thought ..."

12:46:15 From Tyne to Everyone:

Reacted to "I advise often that ..." with ❤️

12:46:15 From nicole toyne to Everyone:

Its the deflection the men use.

12:46:17 From Cathy Sharpe to Everyone:

Reacted to "My ex would often FA..." with 👍

12:46:21 From jane latta to Everyone:

Reacted to "CHRIS MOLES says whe..." with ❤️

12:46:23 From Becki Johnson to Everyone:

Reacted to "Having someone belie..." with 🙌

12:46:23 From Deah Embree to Everyone:

Reacted to "For years I thought ..." with 💜

12:46:24 From Irene McConnehey to Everyone:

Reacted to "Gosh, perhaps a medi..." with 👍

12:46:24 From Jenelle Chadwick to Everyone:

He does this in front of the kids, too, so that they believe his narrative.

12:46:24 From Becki Johnson to Everyone:

Reacted to "I started to text qu..." with 👍

12:46:26 From nicole toyne to Everyone:

Reacted to "If we educate them a..." with ❤️

12:46:28 From Joy Forrest to Everyone:

Replying to "How do we share the ..."

Smear campaigns

12:46:31 From Deah Embree to Everyone:

Reacted to "If we educate them a..." with ❤️

12:46:32 From Becki Johnson to Everyone:

Reacted to "CHRIS MOLES says whe..." with ❤️

12:46:33 From April Spencer to Everyone:

The "crazy" model is a huge projection onto the woman.

12:46:41 From jane latta to Everyone:

Reacted to "I advise often that ..." with ❤️

12:46:51 From Deah Embree to Everyone:

Reacted to "The "crazy" model is..." with 🙌

12:47:14 From Dr. Jessica Evans to Everyone:

Reacted to "The "crazy" model is..." with 👍

12:47:20 From Deah Embree to Everyone:

Replying to "How do we share the ..."

@Joy Forrest yeah. That started before I married, but I was unaware until after divorced.

12:47:29 From Deah Embree to Everyone:

Reacted to "He does this in fron..." with 🙌

12:47:30 From Becki Johnson to Everyone:

Replying to "The "crazy" model is..."

This is where the word "hysterical" comes from.

12:47:31 From Dr. Jessica Evans to Everyone:

Replying to "How do we share the ..."

They set the scene!

12:47:36 From Kendra Thurman to Everyone:

This type of behavior may also happen just ahead of family celebrations or vacations - to sabotage her enjoyment of these events and her memories of the special times.

12:47:40 From Helenmary Brown to Everyone:

What you are describing Dr. Debra is like a man recruiting yet ANOTHER false witness to double down on his lies. Wow.

12:47:40 From Deah Embree to Everyone:

Reacted to "They set the scene!" with 🙌

12:47:46 From Deah Embree to Everyone:

Reacted to "This type of behavio..." with 🙌

12:47:53 From Deah Embree to Everyone:

Reacted to "What you are describ..." with 🙌

12:47:53 From Lacie Dickens to Everyone:

Reacted to "What you are describ..." with 👍

12:47:58 From April Spencer to Everyone:

Replying to "How do we share the ..."

@Deah Embree I was "crazy" from day one. For a while, I believed it.

12:48:05 From Deah Embree to Everyone:

Reacted to "@Deah Embree I was "... with 💜

12:48:06 From Jenelle Chadwick to Everyone:

Yep!

12:48:22 From Tracy Zimmerman to Everyone:

Mine took yoga for years (unknown to me) telling everyone there he needed to get calm from his crazy wife

12:48:24 From Becki Johnson to Everyone:

Reacted to "This type of behavio..." with 😞

12:48:37 From Joy Forrest to Everyone:

Reacted to "@Joy Forrest yeah. T..." with 🙄

12:48:38 From Deah Embree to Everyone:

Replying to "How do we share the ..."

@April Spencer welcome back to sane reality =)

12:48:49 From Dr. Jessica Evans to Everyone:

Reacted to "What you are describ..." with 🙄

12:49:18 From Brandon Eberl to Everyone:

He DID and is doing that now with his smear campaign! He planned for two years to have my mom falsely imprisoned!! 😡 😡

12:49:30 From Deah Embree to Everyone:

Reacted to "Mine took yoga for y..." with 🙄

12:49:39 From Deah Embree to Everyone:

Reacted to "He DID and is doing ..." with 🙄

12:49:44 From Tracy Zimmerman to Everyone:

Reacted to "He DID and is doing ..." with 🙄

12:49:57 From Lacie Dickens to Everyone:

Reacted to "He DID and is doing ..." with 🙄

12:50:10 From Kendra Thurman to Everyone:

There are six things the Lord hates, seven that are detestable to him: haughty eyes, a lying tongue, hands that shed innocent blood, a heart that devises wicked schemes, feet that are quick to rush into evil, a false witness who pours out lies and a person who stirs up conflict in the community. (Proverbs 6:16-19)

12:50:23 From Deah Embree to Everyone:

Reacted to "There are six things..." with 💜


12:50:44 From Kendra Thurman to Everyone:

The Lord detests lying lips, but he delights in people who are trustworthy. (Proverbs 12:22)

12:50:47 From Beth Burke to Everyone:

Every verse on that slide have been used by my husband to others about me. He is the victim

12:50:50 From Deah Embree to Everyone:

Reacted to "The Lord detests lyi..." with 

12:50:59 From Deah Embree to Everyone:

Reacted to "Every verse on that ..." with 

12:51:00 From Lacie Dickens to Everyone:

Reacted to "Every verse on that ..." with 

12:51:01 From Becki Johnson to Everyone:

Reacted to "Every verse on that ..." with 


12:51:02 From Kendra Thurman to Everyone:

For there is nothing hidden that will not be disclosed, and nothing concealed that will not be known or brought out into the open. (Luke 8:17)


12:51:17 From Jenelle Chadwick to Everyone:

mmhmmm

12:51:20 From Cathy Sharpe to Everyone:

Reacted to "I started to text qu..." with 

12:51:29 From Cathy Sharpe to Everyone:

Reacted to "Having someone belie..." with 

12:51:33 From Brandon Eberl to Everyone:

Reacted to "mmhmmm" with 

12:51:45 From Cathy Sharpe to Everyone:

Reacted to "CHRIS MOLES says whe..." with 

12:51:46 From Karen DeArmond Gardner to Everyone:

Or once he's done, he's over it and or demands sex, then he's fine while you're in turmoil.

12:51:47 From Deah Embree to Everyone:

"love covers a multitude of sins" I misused that scripture, by accident, for years.

12:51:49 From Dr. Jessica Evans to Everyone:

Joy- "The more you cover up for him, the worse it will get"

12:51:54 From Tricia Foster to Everyone:

Reacted to "Every verse on that ..." with 

12:51:56 From Becki Johnson to Everyone:

One year I read through Proverbs every month for the whole year. I underlined all these verses, every verse that shed light on what I was living with. It gave me so much clarity.

12:52:00 From Deah Embree to Everyone:

Reacted to "Joy- "The more you c..." with 🙌

12:52:02 From April Spencer to Everyone:

Reacted to "Joy- "The more you c..." with 🙌

12:52:09 From Joy Forrest to Everyone:

Reacted to "Joy- "The more you c..." with 👍

12:52:10 From Deah Embree to Everyone:

Reacted to "One year I read thro..." with 💜

12:52:16 From jane latta to Everyone:

Reacted to "Joy- "The more you c..." with 👍

12:52:20 From Becki Johnson to Everyone:

Replying to "Every verse on that ..."

Confession by projection.

12:52:21 From Shonquella Terrell to Everyone:

RITE

12:52:24 From Deah Embree to Everyone:

Reacted to "For there is nothing..." with 💜

12:52:32 From jane latta to Everyone:

Reacted to "One year I read thro..." with 💜

12:52:38 From Christi Douglas to Everyone:

Exposing him is (for him) a terrifying grace

12:52:42 From Becki Johnson to Everyone:

Reacted to "Joy- "The more you c..." with 🙌

12:52:46 From Joy Forrest to Everyone:

Reacted to "Exposing him is (for..." with ❤️

12:52:47 From Brandon Eberl to Everyone:

Reacted to "Exposing him is (for..." with 👍

12:52:51 From Becki Johnson to Everyone:

Reacted to ""love covers a multi..." with 😞

12:52:52 From Kendra Thurman to Everyone:

Reacted to "One year I read thro..." with 💜

12:53:00 From Helenmary Brown to Everyone:

Boundaries are a gift, and TRUTH is the truly loving response. Covering up for them is NOT loving--it does not HELP THE PERPETRATOR.

12:53:04 From Brandon Eberl to Everyone:

Replying to "Every verse on that ..."

Accusations ARE Confessions (often)!

12:53:09 From Becki Johnson to Everyone:

Reacted to "Exposing him is (for..." with ❤️

12:53:09 From Tabitha Westbrook to Everyone:

Replying to "Exposing him is (for..."

Asbolutely accurate.

12:53:16 From Joy Forrest to Everyone:

Replying to "Every verse on that ..."

So true!

12:53:17 From Becki Johnson to Everyone:

Reacted to "Every verse on that ..." with ❤️

12:53:23 From Deah Embree to Everyone:

Reacted to "Accusations ARE Conf..." with 🙌

12:53:28 From Tabitha Westbrook to Everyone:

Replying to "Bioundaries are a gi..."

Covering up is enabling him.

12:53:31 From Becki Johnson to Everyone:

Reacted to "Bioundaries are a gi..." with ❤️

12:53:35 From Becki Johnson to Everyone:

Reacted to "Covering up is enabl..." with 👍

12:53:37 From Joy Forrest to Everyone:

Reacted to "Covering up is enabl..." with 👍

12:53:39 From Deah Embree to Everyone:

Reacted to "Bioundaries are a gi..." with 🙏

12:53:39 From Kendra Thurman to Everyone:

Remember to take good care of yourself - if you are feeling triggered, take some time to step away, take deep breaths, stretch, etc. You can come back and watch the recording.

12:53:54 From Deah Embree to Everyone:

Reacted to "Covering up is enabl..." with 🙏

12:54:09 From Tricia Foster to Everyone:

Reacted to "Covering up is enabl..." with 👍

12:54:09 From April Spencer to Everyone:

I do think it is notable how abusers know the scripture and how to manipulate the TRUTH of God so easily, yet they are unable to live that truth out for themselves. How do we show pastors that they are doing this? They use biblical lingo. In counseling they use psych lingo.

12:54:15 From Becki Johnson to Everyone:

He refers to her as "my wife" and "my kids" and not by name. She's not a person, she's a thing he owns.

12:54:26 From Deah Embree to Everyone:

Reacted to "He refers to her as ..." with 🙏

12:54:35 From Becki Johnson to Everyone:

Reacted to "I do think it is not..." with 👍

12:54:44 From Joy Forrest to Everyone:

Reacted to "He refers to her as ..." with 👍

12:54:53 From sylvia gelderman to Everyone:

Replying to "He refers to her as ..."

I was "the" wife

12:54:54 From Beth Burke to Everyone:

Reacted to "For years I thought ..." with 😞

12:55:02 From Karen DeArmond Gardner to Everyone:

Often boundaries are a challenge to abusers, even when they may not react to the boundary then, they may make you pay later by breaking that boundary and escalating.

12:55:03 From Jenelle Chadwick to Everyone:

When his brother divorced he set us, me and kids, down and spoke about how God hates divorce, how it damages the kids irrevocably. It was definitely priming us all.

12:55:05 From Deah Embree to Everyone:

Reacted to "I do think it is not..." with 🙏

12:55:19 From Deah Embree to Everyone:

Reacted to "I was "the" wife" with 🙏

12:55:25 From Cathy Sharpe to Everyone:

Reacted to "One year I read thro..." with 👍

12:55:42 From Cathy Sharpe to Everyone:

Reacted to "Exposing him is (for..." with ❤️

12:55:51 From Joy Forrest to Everyone:

Replying to "I do think it is not..."

The pastors have to be willing to see it. The best thing you can do is describe the impact of what is happening, but depends on the pastor as to whether or not they'll hear you

12:56:09 From Deah Embree to Everyone:

Reacted to "The pastors have to ..." with 🙏

12:56:13 From Becki Johnson to Everyone:

Reacted to "The pastors have to ..." with 😞

12:56:17 From Joy Forrest to Everyone:

Reacted to "I was "the" wife" with 🙏

12:56:23 From Tabitha Westbrook to Everyone:

Replying to "I do think it is not..."

Also, using the timeline document can help.

12:56:29 From Keri Drowatzky to Everyone:

They are slave-minded. Slaves are possessions, nonhuman, to be used and abused any way possible.

12:56:34 From Deah Embree to Everyone:

Reacted to "They are slave-minde..." with 🙄

12:56:49 From Joy Forrest to Everyone:

Reacted to "When his brother div..." with 😬

12:57:04 From Lacie Dickens to Everyone:

Replying to "They are slave-minde..."

Some teaching in the church grooms women to self-infantalize.

12:57:10 From KAMILLA to Everyone:

Replying to "I do think it is not..."

Chart/Timeline for documenting behaviors/impacts:

<https://www.houseofpeacepubs.com/Advocacy%20Courses/documents/Timelineexample.docx>

12:57:16 From April Spencer to Everyone:

Replying to "They are slave-minde..."

I was told I could not wear my wedding ring when he could not have the benefit of marriage during separation seasons.

12:57:21 From Joy Forrest to Everyone:

Replying to "Often boundaries are..."

For sure! They can be dangerous.

12:57:33 From Becki Johnson to Everyone:

My husband accused me of cheating for 15 years, any time I was out of the house. He was into porn, but I was never sure if he was actually having an affair with a live person.

12:57:46 From Deah Embree to Everyone:

I was faithful before and during marriage...he was not, but many believed his false narrative of an affair. I consoled myself that GOD knew truth.

12:57:55 From Deah Embree to Everyone:

Reacted to "My husband accused m..." with 😞

12:57:57 From Becki Johnson to Everyone:

Reacted to "I was faithful befor..." with ❤️

12:57:59 From April Spencer to Everyone:

Reacted to "I was faithful befor..." with ❤️

12:58:03 From Deah Embree to Everyone:

Reacted to "Often boundaries are..." with 🙌

12:58:10 From Tabitha Westbrook to Everyone:

Replying to "Often boundaries are..."

Safety planning first and always. Boundaries are still needed. HOW is going to be dependent on the situation itself.

12:58:17 From Kendra Thurman to Everyone:

Dr. Debra is "small, but mighty!" 🙌

12:58:32 From Tabitha Westbrook to Everyone:

Replying to "Dr. Debra is "small,..."

She sure is!!

12:58:42 From Jenelle Chadwick to Everyone:

YES!!!! His feeling ruled.

12:58:57 From Joy Forrest to Everyone:

Replying to "Often boundaries are..."

Yes, we always need to consider how actions might create more danger.

12:58:58 From Deah Embree to Everyone:

Reacted to "Dr. Debra is "small,..." with 🙌

12:59:07 From Tracy Zimmerman to Everyone:

Question: I say "my kids" does that always make you a possessive person?

12:59:25 From Becki Johnson to Everyone:

Reacted to "Dr. Debra is "small,..." with 🙌

12:59:39 From April Spencer to Everyone:

Replying to "Often boundaries are..."

Boundaries should not attempt to control the abuser, he will bulldoze them! Boundaries should be hard lines we are willing to be uncomfortable, and maybe displaced when they need to be enforced. They should keep us safe, and that may mean we have to flee

13:00:11 From Brandon Eberl to Everyone:

My relationship with my mom was a threat to him because I SEE the truth and have confronted him many times. Unfortunately, because she is now free and with me, he is now smearing us by telling friends and family that we (my mom and I) have an incestuous relationship. TRULY DISGUSTING AND EVIL!!!

13:00:12 From Tabitha Westbrook to Everyone:

Replying to "Question: I say "my ..."

No, remember abuse is a pattern.

13:00:20 From jane latta to Everyone:

Reacted to "I was faithful befor..." with ❤️

13:00:24 From jane latta to Everyone:

Reacted to "Dr. Debra is "small,..." with 🙌

13:00:24 From April Spencer to Everyone:

Reacted to "No, remember abuse i..." with 👍

13:00:26 From Shonquella Terrell to Everyone:

Reacted to "Bioundaries are a ..." with ❤️

13:00:29 From Becki Johnson to Everyone:

Reacted to "My relationship with..." with 😡

13:00:53 From Joy Forrest to Everyone:

Replying to "Question: I say "my ..."

Not necessarily. If your kids are with you most of the time, that would be a natural thing to say. It depends on the mindset behind it.

13:00:54 From Helenmary Brown to Everyone:

Q: In your perp groups, have you seen cases of REAL, LASTING HEART CHANGE?

Answered during class.

13:01:01 From Tricia Foster to Everyone:

Reacted to "My relationship with..." with 🍀

13:01:20 From Lacie Dickens to Everyone:

Reacted to "My relationship with..." with 😬

13:02:05 From Deah Embree to Everyone:

Reacted to "Q: In your perp gro..." with 💜

13:02:10 From Helenmary Brown to Everyone:

Reacted to "Dr. Debra is "smal..." with ❤️

13:03:02 From Tina Roy to Everyone:

Reacted to "Wouldn't it be fun i..." with 😂

13:03:03 From Helenmary Brown to Everyone:

I believe they would have to have LIFE-LONG accountability and intention to keep growing.

13:03:12 From Dr. Jessica Evans to Everyone:

Reacted to "I believe they would..." with 🏆

13:03:27 From Becki Johnson to Everyone:

My ex was convinced he had changed, because he was not in a relationship. So since he had no woman to possess and abuse, he thought he was better.

13:03:29 From Keri Drowatzky to Everyone:

Phone dying gotta go. Bye!!

13:03:32 From Susan Sharp to Everyone:

I know a lady who

13:03:36 From Cathy Sharpe to Everyone:

Reacted to "I believe they would..." with 👍

13:03:55 From Susan Sharp to Everyone:

had a husband really change after a long intervention program

13:03:56 From Deah Embree to Everyone:

Replying to "My ex was convinced ..."


easy to have all of the answers in the classroom, tough in everyday life

13:04:03 From Amanda Clayborn to Everyone:

Replying to "My ex was convinced ..."

This is what mine said to further convince me I was the problem.

13:04:07 From Deah Embree to Everyone:

Reacted to "had a husband really..." with 

13:04:13 From April Spencer to Everyone:

Replying to "My relationship with..."

I was accused of incest with any male I was related to. I was accused of infidelity with any man I spoke to. I could not win that battle. I chose not to argue about it after a time. It was so sick and twisted, I just let him say it and refused to engage.


13:04:17 From Becki Johnson to Everyone:

Being with her abuser makes it so much harder for her to heal, even if he has "changed."


13:04:21 From Helenmary Brown to Everyone:

When they are really repentant, they don't have any EXPECTATIONS of their VICTIMS. They are not demanding or giving ultimatums, etc.

13:04:24 From Joy Forrest to Everyone:

Reacted to "I believe they would..." with 

13:04:30 From Deah Embree to Everyone:

Reacted to "My relationship with..." with 


13:04:32 From Rochelle Walters to Everyone:

Reacted to "When they are really..." with 

13:04:35 From Brandon Eberl to Everyone:

QUESTION: If he says "I don't do it"; "I'm not that way", yet his words continue to not match his actions, how do you show that to the courts, knowing that he can be very convincing/believable.

13:04:40 From Deah Embree to Everyone:

Reacted to "I was accused of inc..." with 

13:04:42 From Allison Wessels to Everyone:

Reacted to "When they are really..." with 

13:04:45 From Lacie Dickens to Everyone:

Thank you for addressing the social media.

13:04:47 From Dr. Jessica Evans to Everyone:

Remember that good public image!!

13:04:48 From Tracy Zimmerman to Everyone:

He is just love bombing the replacement

13:04:49 From Joy Forrest to Everyone:

Reacted to "My relationship with..." with 🙄

13:04:59 From Cathy Sharpe to Everyone:

Reacted to "Remember that good p..." with 👍

13:05:00 From Lacie Dickens to Everyone:

Reacted to "Remember that good p..." with 👍

13:05:01 From Joy Forrest to Everyone:

Reacted to "I was accused of inc..." with 😬

13:05:01 From Becki Johnson to Everyone:

Reacted to "Remember that good p..." with 👍

13:05:02 From Kendra Thurman to Everyone:

Reacted to "Remember that good p..." with 💜

13:05:06 From Brandon Eberl to Everyone:

Reacted to "Thank you for adres..." with 👍

13:05:17 From nicole toyne to Everyone:

It may take time for the penny to drop to the new wife.

13:05:27 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: If he says..."

You continue using that timeline to show his patterned behaviors and the impacts.

13:05:32 From Deah Embree to Everyone:

Reacted to "Remember that good p..." with 💜

13:05:41 From Joy Forrest to Everyone:

Replying to "QUESTION: If he says..."

The timeline with behaviors logged.

13:05:58 From Tricia Foster to Everyone:

Reacted to "It may take time for..." with 👍

13:06:04 From Tricia Foster to Everyone:

Reacted to "He is just love bomb..." with 👍

13:06:07 From Becki Johnson to Everyone:

He won't see that he's still controlling because he uses different tactics with his new partner. She's a different person, so he adjusts his methods.

13:06:07 From Amanda Clayborn to Everyone:

Replying to "QUESTION: If he says..."

Where is this timeline log?

13:06:16 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: If he says..."

[Current course webpage](#)

13:06:32 From KAMILLA to Everyone:

Replying to "QUESTION: If he says..."

[Chart/Timeline for documenting behaviors/impacts:](#)

<https://www.houseofpeacepubs.com/Advocacy%20Courses/documents/Timelineexample.docx>

13:06:39 From Brandon Eberl to Everyone:

"As a dog returns to his own vomit, So a fool repeats his folly". ~Proverbs 26:11

13:06:43 From Dr. Jessica Evans to Everyone:

Reacted to "Chart/Timeline for d..." with ❤️

13:06:51 From Tricia Foster to Everyone:

Reacted to ""As a dog returns to..." with 👍

13:06:56 From Amanda Clayborn to Everyone:

Reacted to "Chart/Timeline for d..." with ❤️

13:07:08 From nicole toyne to Everyone:

CR takes them through a 12 step program and they think they are changed because they are going to group. After 7 months, he filed and I receive freedom. He went back to old ways, alcohol drugs and then finally jail, twice.

13:07:15 From Amanda Clayborn to Everyone:

Replying to "QUESTION: If he says..."

Thank you, Kamilla. I couldn't find it before for some reason.

13:07:53 From Beth Burke to Everyone:

Reacted to "Thank you for adres..." with 🤓

13:07:56 From Lynn Loscar to Everyone:

heart desire

13:08:00 From Becki Johnson to Everyone:

That's exactly what I learned to do with **Leslie Vernick's book**. Practice a different response. It was my different responses that caused him to decide to move out.

<https://a.co/d/foSP5Hb>

13:08:06 From April Spencer to Everyone:

As advocates, we need to help others see when boxes are being checked vs real heart level change.

13:08:10 From jane latta to Everyone:

So true Joy!

13:08:11 From Becki Johnson to Everyone:

Reacted to "CR takes them throug..." with 😬

13:08:11 From Deah Embree to Everyone:

Reacted to "That's exactly what ..." with 💜

13:08:17 From Deah Embree to Everyone:

Reacted to "As advocates, we nee..." with 🙌

13:08:21 From Joy Forrest to Everyone:

Reacted to "So true Joy!" with 👍

13:08:21 From Helenmary Brown to Everyone:

I know a man who has life-long accountability partners who TRAVEL with him when he's on the road, etc. He had a lot of work to do, and made a life-long committment. It was part of their safety plan. They were able to build a marriage, but HE really had to do his work and KEEP DOING HIS WORK every day, FOR THE REST OF THEIR LIVES. "What is the alternative?" he said. He had the VISION of BUILDING.

13:08:22 From nicole toyne to Everyone:

They love bashing the wife, which made him reach out for hekp

13:08:33 From Joy Forrest to Everyone:

Reacted to "That's exactly what ..." with 👍

13:08:39 From Deah Embree to Everyone:

Reacted to "They love bashing th..." with 🙌

13:08:45 From Becki Johnson to Everyone:

Reacted to "I know a man who has..." with 🙄

13:08:49 From Tracy Zimmerman to Everyone:

Reacted to "They love bashing th..." with 👍

13:09:05 From KAMILLA to Everyone:

ADVOCATES: Educate, Empower, Equip and Encourage

13:09:10 From nicole toyne to Everyone:

Regain our identity in Christ.

13:09:11 From Tricia Foster to Everyone:

Reacted to "ADVOCATES: Educate..." with 👍

13:09:16 From Tricia Foster to Everyone:

Reacted to "Regain our identity ..." with 👍

13:09:17 From April Spencer to Everyone:

Reacted to "ADVOCATES: Educate..." with 👍

13:09:22 From Becky Sewell to Everyone:

Reacted to "ADVOCATES: Educate..." with 👍

13:09:24 From Kendra Thurman to Everyone:

Reacted to "Regain our identity ..." with 💜

13:09:32 From Joy Forrest to Everyone:

Reacted to "CR takes them throug..." with 😞

13:09:37 From Ingrid May to Everyone:

Reacted to "ADVOCATES: Educate..." with 🙌

13:09:54 From Helenmary Brown to Everyone:

Reacted to "ADVOCATES: Educa..." with ❤️

13:09:54 From Deah Embree to Everyone:

Reacted to "Regain our identity ..." with 🙌

13:09:59 From Helenmary Brown to Everyone:

Reacted to "Regain our identit..." with ❤️

13:10:03 From Shelle Mossman to Everyone:

Reacted to "Regain our identity ..." with ❤️

13:10:07 From Helenmary Brown to Everyone:

Reacted to "So true Joy!" with ❤️

13:10:12 From Tracy Zimmerman to Everyone:

Reacted to "Regain our identity ..." with ❤️

13:10:16 From Tracy Zimmerman to Everyone:

Reacted to "ADVOCATES: Educate..." with ❤️

13:10:18 From Becki Johnson to Everyone:

Reminds me of "Runaway Bride" with the eggs.

13:10:26 From Lacie Dickens to Everyone:

Reacted to "Reminds me of "Runaw..." with ❤️

13:10:29 From Dr. Jessica Evans to Everyone:

Haha Mmm MOD for me

13:10:29 From Deah Embree to Everyone:

Reacted to "Reminds me of "Runaw..." with 😬

13:10:31 From Moni Mali to Everyone:

having ms symptoms, best strategy/therapist for haealing from trauma near Ral NC

13:10:31 From Lynn Loscar to Everyone:

homemade all the way!

13:10:38 From Joy Forrest to Everyone:

Replying to "Reminds me of "Runaw..."

Yes! I loved that movie

13:10:44 From Deah Embree to Everyone:

Reacted to "having ms symptoms, ..." with 💜

13:10:53 From Tracy Zimmerman to Everyone:

Reacted to "Yes! I loved that mo..." with ❤️

13:10:56 From Deah Embree to Everyone:

Reacted to "Yes! I loved that mo..." with ❤️

13:11:11 From Tabitha Westbrook to Everyone:

Replying to "Haha Mmm MOD for me"

The roasted garlic topping with the whole cloves of garlic is my FAVORITE.

13:11:11 From Becki Johnson to Everyone:

Reacted to "having ms symptoms, ..." with 💜

13:11:13 From Beth Burke to Everyone:

Reacted to "homemade all the way..." with ❤️

13:11:14 From Tracy Zimmerman to Everyone:

I felt erased

13:11:21 From Tricia Foster to Everyone:

Reacted to "I felt erased" with 🌸

13:11:27 From Lacie Dickens to Everyone:

Reacted to "I felt erased" with 😬

13:11:32 From Deah Embree to Everyone:

Reacted to "I felt erased" with 🌸

13:11:40 From Dr. Jessica Evans to Everyone:

One of the most potent phrases you can say to a survivor: "You never deserved to be treated this way."

13:11:45 From Joy Forrest to Everyone:

Reacted to "I felt erased" with 😬

13:11:46 From Becki Johnson to Everyone:

Replying to "Haha Mmm MOD for me"

@Tabitha Westbrook Sounds like I need to discover this particular pizza place. Pizza is the perfect food, IMO.

13:11:47 From Deah Embree to Everyone:


Reacted to "One of the most pote..." with 🙌

13:12:01 From Tabitha Westbrook to Everyone:


Replying to "having ms symptoms, ..."

We have some good peeps. Virtual & in person - Wake Forest (The Journey and The Process). We also can help you find someone good.

13:12:01 From Kendra Thurman to Everyone:

Reacted to "One of the most pote..." with 

13:12:10 From Becki Johnson to Everyone:

Reacted to "homemade all the way..." with 

13:12:12 From Sandy Skylar to Everyone:

Yes, I felt erased, like a shell of a human. I still struggle with what I actually like/don't like. I conceded to so much. I made myself believe it so it's hard to unwrap all that.

13:12:27 From Kendra Thurman to Everyone:

Proverbs 18:14

The human spirit can endure in sickness, but a crushed spirit who can bear?

13:12:31 From Lacie Dickens to Everyone:

Reacted to "Yes, I felt erased, ..." with 

13:12:36 From Tabitha Westbrook to Everyone:

Replying to "having ms symptoms, ..."

Reach out to info@thejourneyandtheprocess.com If we're a fit we'll get you in, and if not we can help you find someone.

13:12:42 From Kendra Thurman to Everyone:


Proverbs 15:4

"The soothing tongue is a tree of life, but a perverse tongue crushes the spirit."

13:12:48 From Brandon Eberl to Everyone:


No godly husband would EVER call their spouse "crazy" to in the first place....completely anti-Scripture!!

13:12:49 From Tabitha Westbrook to Everyone:

Reacted to "One of the most pote..." with 

13:12:54 From Deah Embree to Everyone:

Reacted to "Proverbs 15:4

"The s..." with 


13:13:00 From Kendra Thurman to Everyone:

Proverbs 29:25

Fear of man will prove to be a snare, but


whoever trusts in the LORD is kept safe.

13:13:17 From Deah Embree to Everyone:


Reacted to "No godly husband wou..." with 

13:13:20 From Deah Embree to Everyone:

Reacted to "Proverbs 29:25

Fear ..." with 

13:13:29 From Lacie Dickens to Everyone:

Reacted to "No godly husband wou..." with 

13:13:35 From Deah Embree to Everyone:

Yes. God loves each INDIVIDUAL.

13:13:40 From Becki Johnson to Everyone:

When I realized my life was focused on the fear of man (husband) it made all the difference. I needed to focus on what was right in the eyes of God.

13:13:49 From Deah Embree to Everyone:

Reacted to "When I realized my l..." with 


13:13:52 From Joy Forrest to Everyone:

Reacted to "When I realized my l..." with 

13:13:54 From Shonquella Terrell to Everyone:

I can understand that from the day I was bored. IM in LOVE with GOD:)

13:14:00 From Tricia Foster to Everyone:

Reacted to "When I realized my l..." with 

13:14:01 From Deah Embree to Everyone:

Replying to "When I realized my l..."

God pleasers, not man pleasers

13:14:04 From Joy Forrest to Everyone:

Reacted to "No godly husband wou..." with 👍

13:14:07 From Becki Johnson to Everyone:

Reacted to "God pleasers, not ma..." with ❤️

13:14:08 From Tricia Foster to Everyone:

Reacted to "God pleasers, not ma..." with 👍

13:14:23 From jane latta to Everyone:

Reacted to "That's exactly what ..." with 💜

13:14:27 From Deah Embree to Everyone:

Reacted to "I can understand tha..." with 💜

13:14:33 From Becki Johnson to Everyone:

Replying to "When I realized my l..."

He was insisting on being an idol in my life. So demonic.

13:14:53 From Shonquella Terrell to Everyone:



13:14:55 From Lynn Adams to Everyone:

Amen!!

13:15:01 From Helenmary Brown to Everyone:

That's good: **HOLDING THE ABUSER ACCOUNTABLE IS LOVING THEM WELL.** Enabling them is actually UNLOVING, and the WORD would even say it is HATING THEM. As we "hate the son we refuse to discipline."

13:15:09 From Deah Embree to Everyone:

Replying to "When I realized my l..."

@Becki Johnson my advocate sent the meme: we divorced for religious reasons. He believed he was God. I disagreed.

13:15:16 From Tracy Zimmerman to Everyone:

I'm guilty of idolizing the abuser. No man or anyone will ever take God's #1 place again

13:15:21 From Helenmary Brown to Everyone:

Reacted to "One of the most po..." with ❤️

13:15:21 From Becki Johnson to Everyone:

Reacted to "@Becki Johnson my ad..." with ❤️

13:15:23 From anne church to Everyone:

Thank you, All, again. You are much appreciated and a blessing!

13:15:26 From Deah Embree to Everyone:

Reacted to "That's good: HOLDIN..." with 🙌🙌

13:15:34 From Deah Embree to Everyone:

Reacted to "I'm guilty of idoliz..." with 🙌🙌

13:15:36 From Helenmary Brown to Everyone:

Thank you all so much!

13:15:37 From Ladonna Hafen to Everyone:

Thanks for a great class!

13:15:37 From Becki Johnson to Everyone:

Thank you!

13:15:38 From Rebecca Pelletier to Everyone:

Yhanks

13:15:39 From Tina Roy to Everyone:

Thank you!